

Today, about 6,500 OA groups meet each week in 66 countries. While that may seem like a lot, there are many members of the fellowship where the geographical distance to a meeting is just too far. If that is the case for you, our World Service Office (WSO) has a program called 'Loners'.

The WSO maintains a list of 'Loner' OA members who live in isolated areas where no OA meetings are held. Being placed on the Loners list means that other OA members traveling in your area will receive your name and contact information upon request.



Don't try it alone

Contact the WSO to have your name placed on the Loner list or to receive the name of a loner who would welcome your visit. For more information, email iredman@oa.org or call the WSO at 505-891-2664.



Overeaters Anonymous
Region 5