

Region One Tape Library

To borrow tapes: Please select 5 to 10 tapes that you would like. Please indicate if substitutions of similar titles is acceptable if the tape you want is already checked out. A maximum of 5 tapes will be sent out, unless you order a whole tape set. Extra postage will be required when you send these larger sets back. Lending time: 60 days

As a service, Region One absorbs the cost to mail these tapes to you. You only have to pay the postage to return the tapes. If you would like to help support this service, please make donation checks out to Region One and indicate that it is for the Tape Library. THANKS!

Send your requests to: ames98@comcast.net or mail them to Amy Dye, 665 NE 26th St., McMinnville, OR 97128

Region One Tape Library - Loaner List

| Number | Title | Date | Location |
|---|---|------|----------|
| The first items below marked SVI are items that may be used by the membership and intergroups as part of public awareness campaigns, health fairs, radio announcements and any other public service announcement (PSA) that may be appropriate. | | | |
| | THE TWELVE STEPS OF OA | | |
| | THE TWELVE STEPS OF OA | | |
| | (BETA)PSA IT'S NOT WHAT YOU'RE EATING, IT'S WHAT'S EATING YOU | | |
| | (VHS) PSA IT'S NOT WHAT YOU'RE EATING, IT'S WHAT'S EATING YOU | | OR |
| | (CD) PSA IT'S NOT WHAT YOU'RE EATING, IT'S WHAT'S EATING YOU | | OR |
| | (CD) PSA IT'S NOT WHAT YOU'RE EATING, IT'S WHAT'S EATING YOU | | OR |
| MS104D | OA HEART MARATHON MARTY D | | OR |
| MT56 | WS CONV ROCHELLE K. & SHIRLEY | | |
| R143 | JANET R. PROMISES AND STEPS 10-11 | | IOWA |
| 69 | WS CONV SPEAKERS MEETING MAUREEN AND ATTICUS | | |
| 8105 | WS CONV SPEAKER LOU A | 1981 | CA |
| 8105 | WS CONV SPEAKER LOU A | 1981 | CA |
| 8106 | WS CONV SPEAKER LARRY | 1981 | CA |
| 8380 | TAKING RISKS AND WALKING THROUGH FEARS | | |
| 8471A | OA RETREAT SPEAKER BILL B | 1984 | |
| 8471B | OA RETREAT SPEAKER BILL B | 1984 | |
| 8471C | OA RETREAT SPEAKER BILL B | 1984 | |
| 8566 | REG ONE CONV LINDA K STEPPING UP TO THE PROM | 1985 | OR |
| 8572 | REG ONE CONV OPENING MARTY D | 1985 | OR |
| 85111 | DOTTIE S. | 1985 | |

| Number | Title | Date | Location |
|--------|---|------|----------|
| 8601A | OA CONV OPENING SPEAKER | 1986 | CALGARY |
| 8601B | OA CONV SATURDAY SPEAKER | 1986 | CALGARY |
| 8601C | OA CONV CLOSING SPEAKER | 1986 | CALGARY |
| 8683 | SHARING IS CARING | | |
| 8685 | I DIDN'T SEE THEIR PAIN ANOREXIA/BULEMIA | | |
| 8686 | STEPS 1, 2, 3 | | |
| 87106 | REG ONE CONV SPEAKER BONNIE W | 1987 | WA |
| 87107 | REG ONE CONV SPEAKER BONNIE W | 1987 | WA |
| 8773A | OA WORKSHOP BILL B SYDNEY AUSTRALIA | 1987 | |
| 8773B | OA WORKSHOP BILL B SYDNEY AUSTRALIA | 1987 | |
| 8773C | OA WORKSHOP BILL B SYDNEY AUSTRALIA | 1987 | |
| 8773D | OA WORKSHOP BILL B SYDNEY AUSTRALIA | 1987 | |
| 88102 | SHILO RETREAT LARRY W. | 1988 | |
| 88109 | TWIN ROCKS JOYCE R & A.G. | 1988 | OR |
| 881096 | TWIN ROCKS A.G. STEPS 4-9 | 1988 | OR |
| 8801A | REG ONE CONV ANGIE B OPENING | 1988 | WA |
| 8801B | REG ONE CONV ANGIE B DINNER | 1988 | |
| 8801C | REG ONE CONV ANGIE B. BRUNCH | 1988 | |
| 88102A | SHILO RETREAT MARLYS F | 1988 | |
| 88102B | SHILO RETREAT LARRY AND MARLYS | 1988 | |
| 88102C | SHILO RETREAT LARRY AND MARLYS | 1988 | |
| 88102D | SHILO RETREAT LARRY AND MARLYS | 1988 | |
| 88102E | SHILO RETREAT LARRY AND MARLYS | 1988 | |
| 88102F | SHILO RETREAT LARRY AND MARLYS Q&A | 1988 | |
| 88106B | TWIN ROCKS JOYCE R. | 1988 | OR |
| 88108A | MENUCHA ELAINE H AND SMITTY | 1988 | OR |
| 88108B | MENUCHA ELAINE H AND SMITTY | 1988 | OR |
| 88108C | MENUCHA ELAINE H AND SMITTY | 1988 | OR |
| 88108D | MENUCHA ELAINE H AND SMITTY | 1988 | OR |
| 88108E | MENUCHA ELAINE H AND SMITTY | 1988 | OR |
| 88108F | MENUCHA ELAINE H AND SMITTY | 1988 | OR |
| 8821A | FESTIVAL OF FUN LINDA T. OPENING | 1988 | |
| 8821B | FESTIVAL OF FUN LINDA T. BANQUET | 1988 | |
| 8821C | FESTIVAL OF FUN LINDA T. BRUNCH | 1988 | |
| R138 | JANET R BB STUDY DR OPINION | 1988 | IOWA |
| R139 | JANET R BB STUDY HOW IT WORKS | 1988 | IOWA |
| R140 | JANET R BB STUDY WE AGNOSTICS | 1988 | IOWA |
| R141 | JANET R BB STUDY THERE IS A SOLUTION | 1988 | IOWA |
| 9822B | CO-FOUNDERS PRESENTATION BUSINESS SESSION 5 | 1988 | MO |
| 8903A | TWIN ROCKS LINDA T. & BECKY R. | 1989 | OR |
| 8903B | TWIN ROCKS LINDA T. & BECKY R. | 1989 | OR |
| 8903C | TWIN ROCKS LINDA T. & BECKY R. | 1989 | OR |
| 8903D | TWIN ROCKS LINDA T. & BECKY R. | 1989 | OR |
| 89106A | MENUCHA RETREAT ALICE W & SAM B | 1989 | OR |
| 89106B | MENUCHA RETREAT ALICE W & SAM B | 1989 | OR |
| 89106C | MENUCHA RETREAT ALICE W & SAM B | 1989 | OR |
| 89106D | MENUCHA RETREAT ALICE W & SAM B | 1989 | OR |
| 89106E | MENUCHA RETREAT ALICE W & SAM B | 1989 | OR |

| Number | Title | Date | Location |
|--------|--|------|------------|
| 9001A | REG ONE CONV OPENING | 1990 | |
| 9001B | REG ONE CONV CLOSING | 1990 | |
| 9047A | WINTERFEST MARATHON SPEAKER ARIEL O | 1990 | OR |
| 9047B | WINTERFEST MARATHON SPEAKER ARIEL O | 1990 | OR |
| 9047C | WINTERFEST MARATHON SPEAKER ARIEL O | 1990 | OR |
| 91115 | LINDA K. PORTLAND, OR | 1991 | OR |
| 91001A | TWIN ROCKS CHARLIE G AND BJ #1 | 1991 | OR |
| 91001B | TWIN ROCKS CHARLIE G AND BJ | 1991 | OR |
| 91001C | TWIN ROCKS CHARLIE B AND BJ | 1991 | OR |
| 91001D | TWIN ROCKS CHARLIE G AND BJ #4 | 1991 | OR |
| 91001E | TWIN ROCKS CHARLIE G AND BJ #5 | 1991 | OR |
| 9113-1 | REG ONE CONV SPEAKER CHARLIE G. | 1991 | WA |
| 9113-2 | REG ONE CONV SPEAKER CHARLIE G. | 1991 | WA |
| 9113-3 | REG ONE CONV SPEAKER CHARLIE G. | 1991 | WA |
| 9121A | REG ONE CONV SPEAKER ANNA MAE McK | 1991 | OR |
| 9121B | REG ONE CONV SPEAKER ANNA MAE McK | 1991 | OR |
| 9262 | REG ONE CONV SPEAKER GAYLE Y | 1992 | OR |
| 9263 | REG ONE CONV KEYNOTE SPEAKER GAYLE Y. | 1992 | |
| 9339 | REG ONE SPRING CONV PATTI H | 1993 | WA |
| 9352 | REG ONE SPRING CONV LINDA AND GENE | 1993 | WA |
| 9352 | REG ONE SPRING CONV LINDA AND GENE | 1993 | WA |
| 9357 | REG ONE SPRING CONV THE WAY WE WERE: STEPS | 1993 | WA |
| 9384 | REG ONE CONV GRAND OPENING ARIEL O | 1993 | NCOOVER, I |
| 9384 | REG ONE CONV GRAND OPENING ARIEL O | 1993 | NCOOVER, I |
| 9385 | REG ONE CONV ARIEL O | 1993 | NCOOVER, I |
| 9385 | REG ONE CONV DINNER SPEAKER ARIEL O | 1993 | NCOOVER, I |
| 9386 | REG ONE CONV DIANA LYNN SPEAKER | 1993 | NCOOVER, I |
| 9386 | REG ONE CONV DIANA LYNN SPEAKER | 1993 | NCOOVER, I |
| 9386 | REG ONE CONV DIANA LYNN SPEAKER | 1993 | NCOOVER, I |
| R135A | JUDY H FAT AND FURIOUS | 1993 | |
| R135A | JUDY H FAT AND FURIOUS | 1993 | |
| R135B | JUDY H FAT AND FURIOUS | 1993 | |
| R135B | JUDY H FAT AND FURIOUS | 1993 | |
| R135C | JUDY H FAT AND FURIOUS | 1993 | |
| R135C | JUDY H FAT AND FURIOUS | 1993 | |
| 9520 | REGION ONE GRAND OPENING | 1995 | AZ |
| 9521 | REGION ONE BANQUET WITH ROSSI H | 1995 | AZ |
| 9522 | REGION ONE CLOSING WITH ROSSI H | 1995 | AZ |
| 9592 | WS CONV CLOSING SESSION | 1995 | MN |
| 9592 | WS CONV DINNER SPEAKER | 1995 | MN |
| 9592B | WS CONV CLOSING SESSION | 1995 | MN |
| 9601A | REG ONE CONV SPEAKER MICHAEL K OPENING | 1996 | CALGARY |
| 9601B | REG ONE CONV SPEAKER MICHAEL K | 1996 | CALGARY |
| 9601C | REG ONE CONV SPEAKER MICHAEL K RE-ENTRY | 1996 | CALGARY |
| 9701A | REG ONE CONV KEY NOTE SPEAKER OPENING | 1997 | WA |
| 9701B | REG ONE CONV KEY NOTE SPEAKER SAT PM | 1997 | WA |

| Number | Title | Date | Location |
|---------|---|------|----------|
| 9822 | CO-FOUNDERS PRESENTATION | 1998 | MO |
| 20003 | REG ONE CONV OPENING | 2000 | WA |
| 20005 | REG ONE CONV IDENTIFYING THE PROBLEM | 2000 | WA |
| 20006 | REG ONE CONV COMMITMENT TO RECOVERY | 2000 | WA |
| 20007 | REG ONE CONV THE IMPORTANCE OF UNITY | 2000 | WA |
| 20008 | REG ONE CONV SPONSORSHIP PANAL | 2000 | WA |
| 20009 | REG ONE CONV STEPS 1-3 | 2000 | WA |
| 200010 | REGION ONE GROUND ZERO NO RECOVERY BEFORE | 2000 | WA |
| 200011 | REG ONE CONV STAYING ABSTINENT IN SOCIAL SITU | 2000 | WA |
| 200012 | REG ONE CONV THE PHENOMEMON OF CRAVING | 2000 | WA |
| 200013 | REG ONE CONV THE BASICS OF THE PROGRAM | 2000 | WA |
| 200013 | REG ONE CONV THE BASICS OF THE PROGRAM | 2000 | WA |
| 200015 | REG ONE CONV SPIRITUAL EMOTIONAL AND PHYSIC/ | 2000 | WA |
| 200016 | REG ONE CONV OUT OF RELAPSE AND INTO RECOVE | 2000 | WA |
| 200021 | REG ONE CONV MAINTAINING A HEALTHY WEIGHT | 2000 | WA |
| 200022 | REG ONE CONV STEP 12: CARRYING THE OA MESSAG | 2000 | |
| 200023 | REG ONE CONV FORGIVENESS | 2000 | |
| 200024 | REG ONE CONV TRAVEL: TAKING ABSTINENCE ON TH | 2000 | |
| 200025 | REG ONE CONV KEYNOTE SPEAKER DINNER | 2000 | WA |
| 200026 | REG ONE CONV KEYNOTE SPEAKER BRUNCH | 2000 | |
| 200017A | REG ONE CONV STEPS 4-9 | 2000 | WA |
| 200017B | REG ONE CONV STEPS 4-9 | 2000 | WA |
| 200101 | REG ONE CONV 12 STEP WITHIN | 2001 | WA |
| 200102 | REG ONE CONV RELAPSE MECHANICAL DIFFICULTY | 2001 | WA |
| 200104 | REG ONE CONV STEPS 1-3 | 2001 | WA |
| 200105 | REG ONE CONV PLAN OF EATING | 2001 | WA |
| 200106 | REG ONE CONV STEP 4 | 2001 | WA |
| 200108 | REG ONE CONV STEP 5 | 2001 | WA |
| 200110 | REG ONE CONV STEPS 6 & 7 | 2001 | WA |
| 200113 | REG ONE CONV STEP 8 & 9 | 2001 | WA |
| 200116 | REG ONE CONV STEP 10 | 2001 | WA |
| 200120 | REG ONE CONV STEP 11 | 2001 | WA |
| 200121 | REG ONE CONV STEP 12 | 2001 | WA |
| 200125A | REG ONE CONV KEYNOTE SPEAKER OPENING | 2001 | |
| 200125B | REG ONE CONV KEYNOTE SPEAKER DINNER | 2001 | |
| 200125C | REG ONE CONV KEYNOTE SPEAKER BRUNCH | 2001 | |
| 200213 | REG ONE CONV MEN'S ISSUES | 2002 | WA |
| 200214 | REG ONE CONV THREE FOLD RECOVERY | 2002 | WA |
| 200215 | REG ONE CONV STEPS 1,2,3 | 2002 | WA |
| 200216 | REG ONE CONV THE PROMISES | 2002 | WA |
| 200217 | REG ONE CONV ABSTINENCE: A WAY OF LIFE | 2002 | WA |
| 200218 | REG ONE CONV STEPS 4,5 | 2002 | WA |
| 200219 | REG ONE CONV INTIMACY | 2002 | WA |
| 200220 | REG ONE CONV OA H.O.W. | 2002 | WA |
| 200221 | REG ONE CONV STEPS 6,7 | 2002 | WA |
| 200222 | REG ONE CONV BOUNDARIES | 2002 | WA |
| 200223 | REG ONE CONV MAINTAINING A HEALTHY WEIGHT | 2002 | WA |
| 200224 | REG ONE CONV STEPS 8,9 | 2002 | WA |
| 200225 | REG ONE CONV FEELING MY FEELINGS | 2002 | WA |
| 200226 | REG ONE CONV BEYOND DENIAL | 2002 | WA |

| Number | Title | Date | Location |
|--------|--|------|----------|
| 200227 | REG ONE CONV STEP 10 | 2002 | WA |
| 200228 | REG ONE CONV RELAPSE AND RECOVERY | 2002 | WA |
| 200229 | REG ONE CONV HARVEST OF GRATITUDE | 2002 | WA |
| 200230 | REG ONE CONV STEP 11 | 2002 | WA |
| 200231 | REG ONE CONV ROOTING OUT RESENTMENTS | 2002 | WA |
| 200232 | REG ONE CONV THEN AND NOW: CHANGE | 2002 | WA |
| 200233 | REG ONE CONV STEP 12 | 2002 | WA |
| 200234 | REG ONE CONV KEYNOTE ALLEN B - FRIDAY | 2002 | WA |
| 200235 | REG ONE CONV KEYNOTE ALLEN B - SATURDAY | 2002 | WA |
| 200236 | REG ONE CONV KEYNOTE ALLEN B - SUNDAY | 2002 | WA |
| 2005A | MENUCHA RETREAT MICHAEL B. | 2005 | OR |
| 2005B | MENUCHA RETREAT MICHAEL B. | 2005 | OR |
| 2005C | MENUCHA RETREAT MICHAEL B. | 2005 | OR |
| 2005D | MENUCHA RETREAT MICHAEL B. | 2005 | OR |
| 2005E | MENUCHA RETREAT MICHAEL B. | 2005 | OR |
| 2005F | MENUCHA RETREAT MICHAEL B. | 2005 | OR |
| 2005G | MENUCHA RETREAT MICHAEL B. | 2005 | OR |
| 2005H | MENUCHA RETREAT MICHAEL B. | 2005 | OR |
| 2005A1 | TWIN ROCKS RETREAT NANCY | 2005 | OR |
| 2005B2 | TWIN ROCKS RETREAT NANCY | 2005 | OR |
| 2005C3 | TWIN ROCKS RETREAT NANCY | 2005 | OR |
| 2005D4 | TWIN ROCKS RETREAT NANCY | 2005 | OR |
| 2005E5 | TWIN ROCKS RETREAT NANCY | 2005 | OR |
| 2005F6 | TWIN ROCKS RETREAT NANCY | 2005 | OR |
| 2005G7 | TWIN ROCKS RETREAT NANCY | 2005 | OR |
| 2005H8 | TWIN ROCKS RETREAT NANCY | 2005 | OR |
| 2005I9 | TWIN ROCKS RETREAT NANCY | 2005 | OR |
| cds | | | |
| 200401 | REG ONE CONV JUST FOR TODAY HABITS & PRACTIC | 2004 | CALGARY |
| 200402 | REG ONE CONV KEYNOTE FRIDAY NIGHT SUSAN B. | 2004 | CALGARY |
| 200403 | REG ONE CONV KEYNOTE SAURDAY NIGHT SUSAN B. | 2004 | CALGARY |
| 200404 | REG ONE CONV KEYNOTE SUNDAY SUSAN B. | 2004 | CALGARY |
| 200405 | REG ONE CONV GRATITUDE & THE RECOVERED OA'E | 2004 | CALGARY |
| 200406 | REG ONE CONV HOPE | 2004 | CALGARY |
| 200407 | REG ONE CONV SPONSORSHIP | 2004 | CALGARY |
| 200408 | REG ONE CONV STEPS 10, 11, & 12 | 2004 | CALGARY |
| 200409 | REG ONE CONV STEPS 6,7,8, & 9 | 2004 | CALGARY |
| 200410 | REG ONE CONV STEP 4 & 5 | 2004 | CALGARY |
| 200411 | REG ONE CONV POWERLESS & UNMANAGABILITY | 2004 | CALGARY |
| 200412 | REG ONE CONV RECOVERING FROM RELAPSE | 2004 | CALGARY |
| 200413 | REG ONE CONV PUTTING DOWN THE FOOD SESSION | 2004 | CALGARY |
| 200414 | REG ONE CONV LIVING IN RELATIONSHIPS | 2004 | CALGARY |
| 200415 | REG ONE CONV PUTTING DOWN THE FOOD SESSION 5 | | |
| 200501 | REG ONE CONV KEYNOTE FRIDAY NIGHT | 2005 | WA |
| 200502 | REG ONE CONV KEYNOTE SATURDAY NIGHT | 2005 | WA |
| 200503 | REG ONE CONV KEYNOTE SUNDAY MORNING | 2005 | WA |
| 200504 | REG ONE CONV RELAPSE RECOVERY | 2005 | WA |
| 200505 | REG ONE CONV NEWCOMER/TOOLS | 2005 | WA |
| 200506 | REG ONE CONV STEPS 1,2,3 | 2005 | WA |

| Number | Title | Date | Location |
|---------------|--------------------------------------|-------------|-----------------|
| 200507 | REG ONE CONV H.O.W. | 2005 | WA |
| 200508 | REG ONE CONV SPONSORSHIP | 2005 | WA |
| 200509 | REG ONE CONV STEPS 4,5,6,7 | 2005 | WA |
| 200510 | REG ONE CONV BODY IMAGE | 2005 | WA |
| 200511 | REG ONE CONV LONG TERM MAINTENANCE | 2005 | WA |
| 200512 | REG ONE CONVE STEPS 8,9 | 2005 | WA |
| 200513 | REG ONE CONV 100 POUNDS | 2005 | WA |
| 200514 | REG ONE CONV TRADITIONS AND CONCEPTS | 2005 | WA |
| 200515 | REG ONE CONV STEPS 10,11,12 | 2005 | WA |