



Blooming in Recovery



The Goshen Overeaters Anonymous Spring Workshop



Saturday, April 10th

Registration: 9:30 to 9:50 am

Workshop: 10:00 am to 4:00 pm

Trinity Lutheran Church

202 S. Greene Road

Goshen, Indiana

Three Speakers, Sharing,
Fellowship, Literature, Raffles,
Fun and more!

Is Food a Problem for You?

- Do you lose weight but gain it back plus more?
- Are food, dieting & weight all you think about?
- Are food/weight issues ruining your life?
- Does food come between you and other people?
- Do you isolate yourself so you can eat?
- Did you give up all hope of being a normal weight?
- Are you sick and tired of being sick and tired?



The cost is \$10 (or what you can afford).
Bring your own lunch or have lunch at one
of several, local restaurants.

For more information:

goshen@region5oa.org or 574-606-8926.



Overeaters Anonymous Can Help!



Directions



From the West, North or East: Take I-80/90 to exit 101. Go left on SR 15 and follow it to Goshen (10 mi). Go over the overpass and through the light. Turn right at the next light (Lincoln Ave). Go until a T intersection with Greene Road. Turn left. The church is on your left in about 1/4 mile.

From Fort Wayne: Follow US 33 North to Goshen. Turn left at the second light (CR 38/Kercher Rd). Go through two stoplights and one 4 way stop. Turn right at the next intersection (CR 19/Greene Rd). Go through the next two 4-way stops. The church is on your right in about 1/4 mile.

From Indianapolis and South: Go to Fort Wayne on I-69. Take exit 109 and follow the instructions above from Fort Wayne.

From South Bend: Take the US 20 bypass east to US 33 South. Follow US 33 south (4-5 mi) and turn right at the light for Greene Rd / CR 19 (right by Monteith Tire and 7-11). Go through the next two 4-way stops. The church is on your left in about 1/4 mile.

