



# TOOLTIME!

Louisville Metro 2009 Retreat

June 26-28, 2009

Come join us for fun, fellowship, and the fundamentals of our OA 12 Step program! The retreat will be held at the Mt. St. Francis Center for Spirituality which is located in southern Indiana.

## TENTATIVE SCHEDULE\*

### Friday, June 26th

Registration

Welcome

(announcements, intros, & icebreakers)

Keynote Speaker Shares

Games, Fellowship, & Conversation

### Saturday, June 27th

Breakout Sessions

(workshops on the Tools, 12 Steps, & 12 Traditions)

Food Plan Discussion Forum

Keynote Speaker Shares

TOOLTIME! Coffeehouse

(talent showcase & TOOLTIME! Skit)

### Sunday, June 28th

Breakout Sessions

(workshops on the Tools, 12 Steps, & 12 Tradition)

Sponsorship Workshop

Closing

## SAMPLE MENU\*

### Friday, June 26th

Coffee service in main lounge

(until 5:30pm)

### Saturday, June 27th

Coffee service in main lounge

(all day)

Breakfast

(sausage patties, scrambled eggs, oatmeal, fresh fruit, whole wheat toast, bagels)

Lunch

(sliced turkey, veggie burgers, assorted cheeses, assorted vegetable tray, salad bar, fresh fruit, vegetable soup)

Dinner

(herb roasted chicken breast, roasted tofu, brown rice, steamed vegetable medley, black bean soup, salad bar, fresh fruit)

### Sunday, June 28th

Coffee service in main lounge

(through noon)

Breakfast

(bacon, scrambled eggs, oatmeal, fresh fruit, whole wheat toast, bagels)

*\* Please keep in mind, that the retreat is currently in the planning stages, e.g., some details may change and/or be added throughout the coming year.*

*For more information, and to be added to the retreat mailing list, please send an e-mail to Mark M. at:*

*mark@moneypenny-design.com*

*Please put "Tooltime Retreat" in the subject line.*

*If you do not have e-mail access, please call Mark M. at (502) 468-4814.*