



## Region 5 Trustee Report

Submitted By: Linda J

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### WSO Service Bodies Report – Intergroups and Groups (Affiliated/Unaffiliated) Located in Region 5

Oct 2, 2014		Feb 3, 2015		Increase/Decrease	
<b>Total Intergroups</b>	<b>30</b>	<b>Total Intergroups</b>	<b>30</b>	<b>Total Intergroups</b>	<b>0</b>
Affiliated Groups	519	Affiliated Groups	517	Affiliated Groups	-2
Unaffiliated Groups	52	Unaffiliated Groups	49	Unaffiliated Groups	- 3
<b>Total Groups</b>	<b>571</b>	<b>Total Groups</b>	<b>566</b>	<b>Total Groups</b>	<b>- 5</b>

#### Southwest Ontario Intergroup Closes

Unfortunately the Southwest Ontario Intergroup closed just after WSO service body report was put together. The five member groups have chosen to affiliate with the Greater Detroit Intergroup. This means our total number of intergroups will drop to 29 on the next report. We are all saddened to see this happen.

#### New Literature

"*The Difference between Abstinence and A Plan of Eating Workshop*" is available as free downloads from oa.org, under group support. The workshop includes a Leader's Guide, Handouts, and PowerPoint/PDF presentation. Topics include developing a clear vision for abstinence, listing actions to take to make abstinence first in your life, and understanding what "A Plan of Eating" is and is not. Service bodies, groups, sponsors, and workshop leaders are encouraged to use this new resource to create an interactive workshop for our members.

#### WSBC 2015

"Miracle of Abstinence" will be the theme for WSBC 2015, to be held April 27-May 2 in Albuquerque NM. The workshops will focus on abstinence.

The second set of Conference e-documents is now posted on the World Service Business Conference page on oa.org, including the Agenda Questionnaire, seven New Business Motions, and seven Bylaw Amendments. Some of the new Business motions include the following:

- WSBC delegates are expected to serve on committees throughout the year. Committee participation is no longer optional.
- Create a "One Day at a Time" chip
- Revise OA Preamble to include "stop...restricting and purging"
- Make the Final Conference Report an electronic file only. Hard copies will no longer be mailed.

- Display the name “Overeaters Anonymous” on banners, displays, badges, and other signage at all World Service events

One of the Bylaw amendments includes:

- Change delegate registration deadline from 120 days to seventy days prior to Conference

The third set of e-documents will be posted 3-13-15 and include trustee nominee applications, agenda questionnaire results, and manuscripts submitted for Conference Seal of Approval,

Our membership worldwide has contributed \$22,995 to fund seventeen delegates to the 2015 World Service Business Conference. Their service bodies would not have been represented without your generous contributions to the Delegate Support Fund. We originally did not have enough money to fund twenty-three applicants, but a last minute plea to the Fellowship in October brought in so much money that next year’s Delegate Support Fund already has a great start.

### **BOT Meetings**

The previous BOT meeting was held Nov 20-22, 2014. I am serving as Chair of the Board Approved Literature Committee. The BAL committee has been working very hard to revise the pamphlet, “To Parents and Concerned Adults”. We also are working on a new book called “Lifeline Sampler, second edition” that will be a collection of new stories from “Lifeline”. A motion to accept both these pieces of literature will be discussed at the next BOT meeting to be held Feb 26-28, 2015.

### **Increase focus on the importance of working all Twelve Steps Goal for 2015**

A 2011 member survey conducted by the Region Chairs Committee led to this as our goal for 2015. Last year the goal was focus on “actions required for abstinence”. In 2016 the goal will be “carrying the message”.

### **Phone workshops on “Working all 12 Steps” presented once a month**

The Board of Trustees, Virtual Services Committee, and Region Chairs have begun a series of phone workshops on the Steps. They are held the second Sunday of the month at 2PM Central time. The phone number is: 424-203-8405 and the access code is: 925619#. The past workshops are available as podcasts on oa.org.

### **Ask It Basket Questions**

I received and answered a total of five questions.

### **Contributions**

Help OA reach its 2015 goal of having 125 Automatic Recurring Contributors. We need thirty more contributors and we need you! Participate by visiting [oa.org](http://oa.org) and signing up on the [Contribute](#) page. Have you ever participated in an online or phone meeting? This system makes it especially easy to contribute. Although phone and online meetings have no expenses, we are all members of OA and we need to support our organization.

### **Trustee on the Road**

I’m available to present talks on Abstinence, Strong Meetings, Service, Traditions, and Concepts. Just let me know.

## **Linda J**

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