



OVEREATERS ANONYMOUS

REGION 5 SECRETARY

September 17, 2015

RE: REGION 5 ASSEMBLY
November 6-7, 2015
In Merrillville, IN

Dear Region 5 Intergroups, Representatives, Board Members, Parliamentarian, and Friends,

It is time to prepare for the November Region 5 Assembly. As has been listed on the timeline, we will be meeting the weekend of the first Saturday (November 6-7) instead of the usual second Saturday of the month. We will meet at the Clarion Hotel in Merrillville, IN.

This letter comes with your first packet of assembly documents. Expect the second packet (Packet B, which contains different documents) near the end of October.

In this Assembly Packet A, you will find the following documents:

- A01: The Secretary Letter (3 pg) ****New****
- A02: Hotel information including a floor plan (2 pg) ****New****
- A03: Assembly Registration Form (1 pg) ****New****
- A04: Funding Assistance Information and Form, Revised January 2015 (2 pgs)
- A05: The Agenda and Timeline (4 pgs) ****New****
- A06: Minutes of the July 2015 Assembly (5 pgs) ****New****
- A07: Region 5 Bylaws, Revised March 2015 (8 pgs)
- A08: Region 5 Policies and Procedures, Revised July 2015 (13 pgs) ****New****
- A09: Region 5 Convention Guidelines, Revised November 2014 (8 pgs)
- A10: Region 5 Standing Rules, Revised July 2015 (2 pgs) ****New****
- A11: Bylaws Committee Motion #1 (1 pg) ****New****
- A12: Bylaws Committee Motion #2 (1 pg) ****New****
- A13: Bylaws Committee Motion #3 (1 pg) ****New****
- A14: Linda's Application for Trustee (4 pgs) ****New****
- A15: Mike's Application for Vice Chair (2 pgs) ****New****
- A16: Tips for Region 5 Representatives, Revised July, 2015 (4 pgs) ****New****

The documents marked as ****New**** have changed since the July Assembly Packet A. The Policies and Procedures and the Assembly Minutes that were sent out in July are the same as those in this packet.

The difficulty some of you have had opening documents might be because the document names were too long, so I have shortened most of them. Let me know if you still have trouble opening them.

Please look over these documents in preparation for the assembly.

During the assembly, you will want to have hard copies or electronic access to at least the Agenda, Bylaws, Policies and Procedures, Convention Guidelines, Standing Rules, the 3 motions, and the two applications.

Important information can be found on A02 **Hotel Information and Floor Plan**, A03 **Assembly Registration Form**, and A16 **Tips for Region 5 Representatives**. If your intergroup wishes to apply for funding assistance to send a representative, A04 **Funding Assistance Form** must be received by **October 7th**.

The **Region 5 Handbook** is a notebook of resources for Region 5 representatives. If you already have one or just received one from a previous representative, you will want to make sure that the documents are up to date. Check the revision dates against those in the above list of Packet A documents. If you do not have a Handbook, you may order one for \$15 when you register. The most recent Bylaws, Policies and Procedures, Convention Guidelines, Standing Rules, and Tips for Region 5 Representatives that are in this packet will be included in any Handbooks that are ordered.

Visitors are always welcome. If you plan to visit, please register. There is no charge for visitors to register unless they wish to join us for the Saturday Luncheon, which must be prepaid (\$25).

Currently, you may **register** by mail or email using A03 **Assembly Registration Form** in this packet. If you register by email, you will still need to mail me any fees.

We are hoping to have **online registration** available soon. We do not yet know if we will be using the same software that we used for the July assembly and the convention, or if we will have new software. I will send you updates as we learn more. Thank you for your patience.

The Saturday **luncheon menu** will be:

Vegetable soup (without pasta)

Salad makings: spinach and mixed greens, garbanzo beans, tomatoes, cucumber, eggs, carrots, onions, shredded cheddar cheese, blue cheese crumbles, parmesan cheese

Dressings: Balsamic vinaigrette, vinegar and oil, ranch

Grilled chicken, whole grain rolls and butter, fruit served in cups

Drinks: coffee, hot tea, iced tea

Please remember that your **luncheon reservation** will be made only after payment has been received.

To reserve a room at the Clarion Hotel in Merrillville, IN, call the hotel directly at 219-756-1600. Use the group code "Region 5" so that we will get credit toward the meeting rooms. The room rate is \$89/room/night. See A02 for more hotel information and the floor plan.

The cut off date for both assembly registration and hotel reservation is **Thursday, October 22, 2015**.

Much is planned for this assembly weekend, including a workshop on the importance of working all twelve steps, the results of the "committee of the whole" work on conventions, the results of the Region 5 inventory Survey, the 2016 budget, bids for the 2017 and 2018 conventions, and elections for Vice Chair, Secretary, and Trustee.

We are hoping to have **convention bids** presented for 2017 and even 2018. If your intergroup is considering hosting a convention, please work on the bid so you can present it to us in November. The earlier the bid is accepted, the easier it will be to negotiate venues and dates!

We do not yet have any **candidates for Secretary**. Please prayerfully consider if you know someone who is qualified or if you may be called to apply. I will be glad to answer any questions you have and mentor the next secretary.

I look forward to working with you in November!

Thank you for your service.

Yours in recovery,

Susan Mc :-)

Region 5 Secretary

847-710-8823

susan.m.oa@gmail.com