



OVEREATERS ANONYMOUS

REGION 5 SECRETARY

April 4, 2016

RE: Packet C for March 2016 Assembly

Dear Region 5 Intergroups, Representatives, Board Members, and Friends,

Here is **Packet C** which contains follow up documents for the March 2016 Assembly.

In this packet, please find the following documents:

- C01: Secretary Letter** (2 pgs) **\*\*NEW\*\***
- C02: November 2015 Minutes** (8 pgs) **\*\*Corrected since Assembly\*\***
- C03: March 2016 Minutes** (7 pgs) **\*\*NEW\*\***
- C04: March 2016 Credentials** (1 pg) **\*\*NEW\*\***
- C05: March 2016 Treasurer's Report** (1 pg) **\*\*Distributed at Assembly\*\***
- C06: 2016 Budget** (2 pgs) **\*\*Distributed at Assembly\*\***
- C07: March 2016 updated Agenda** (4 pgs) **\*\*Updated since Assembly\*\***
- C08: March 2016 updated Roster** (6 pgs) **\*\*Updated since Assembly\*\***
- C09: Bylaws** (8 pgs) **\*\*NEWLY UPDATED\*\***
- C10: Policies and Procedures** (13 pgs) **\*\*NEWLY UPDATED\*\***
- C11: Standing Rules** (2 pgs) **\*\*NEWLY UPDATED\*\***
- C12: R5 Convention Flyer** (2 pgs)
- C13: Convention Bus update** (2 pgs) **\*\*NEW\*\***
- C14: WS Convention Flyer** (4 pgs)

In the **November Minutes**, I have corrected the typo on page 1 (OA instead of OS). I also corrected a mistake in the Policies and Procedures (P&P) reference of the first motion out of the Finance Committee on page 5.

My apologies to all the **standing committees**—all the November 2015 committee minutes/reports were in a folder I left at home. Rest assured that the March 2016 and the November 2015 committee materials are in the folders now. I have even included a list of folder contents for your convenience. Ideally, the folders contain:

- All committee documents for the last 2 years,
- The current committee purpose (from R5 P&P)
- The current committee roster
- The committee contact information form
- The section on General R5 Committee Policies from R5 P&P

- Suggested formats for committee agenda, minutes, and report (available on the Forms page of region5oa.org)
- Motion formats and forms (available on the Forms page of region5oa.org) for each of the following
  - New Business
  - Policy Amendments
  - Bylaws Amendments
- Plain paper and 3 part forms
- Committee documents for the last 2 years
  - Older documents have been archived by the region secretary
- Committee specific materials.

These are **exciting times** in Region 5! It feels like we are having a growth spurt! So many changes are in the works, from the number of assemblies per year and how we do our work at and between assemblies, to transitioning to a new webmaster by July and elections for a new chair and a new treasurer in November!

Please prayerfully consider who would be good **candidates for chair and treasurer**. (Maybe you?) Please pass recommendations on to me (Susan M, Region 5 Secretary). The application is on the forms page of region5oa.org. Completed applications are due to me by September 1, 2016. (Please use the address on the application to avoid delays!)

If you have **motions to propose** to be considered at the July assembly, please send them to me by the beginning of May, so they may be included in Packet A.

Help us **spread the news!!**

- Remember to register for the **Region 5 Convention**, "Take the Freeway of Recovery", in Detroit, September 16-18, 2016. If you are coming from Wisconsin, Illinois, northwest Indiana, or southwest Michigan, **consider taking the coach!** See the registration and reservation flyers (C12 and C13).
- The **World Service Convention**, "Recovery: The Trail To Freedom!", will be in Boston, September 1-4, 2016. The registration flyer for that is C14.

We will be **changing our assembly registration** policies starting with the July assembly. Registration will be open longer, but there will be no representative registration after the deadline. All walk-in registrants will be considered visitors.

If you have questions or suggestions, please contact me.

Thank you for your service and for allowing me to serve you.

Yours in recovery,

Susan Mc :-)  
 Region 5 Secretary  
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