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| **OUT OF TOWN****MEETINGS****THURSDAY 6:30 PM** **V CLOSED 53466**Central United Church220 George St.,Sarnia, ONContact: Lonnie B. 519-381-4719**SATURDAY 2:30 PM** **V OPEN** **KOMOKA LIBRARY**Program room1 Tunks Lane (beside the arena) Komoka, ONContact: Joan S.: 519-471-9075 |  | **Meeting Type**V = VariesBB = Big Book StudySTEP = 12 Steps of OA = Wheelchair Accessible**Open Meeting:** Open to OA members and non-OA visitors. All meetings are considered open unless indicated.**Closed Meeting:** Restricted to those who desire to stop eating compulsively (OA members and others who think they may have a problem with food).Meeting format varies. If you are a newcomer it is recommended you try a variety of meetingsAnyone with a desire to stop eating compulsively may attend any meeting. This includes those who may feel they have a problem with eating.A group listing does not constitute or imply approval or endorsement of a group’s approach to, or practice of, the OA program. |  | **Overeaters Anonymous****Southwestern Ontario****For more information about OA, go to: oa.org**Region = region5oa.orgJanuary 2016 |

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| **LONDON MEETINGS****SUNDAY 7:30 PM****V OPEN 34878**Rowntree Memorial Church156 Elliot St. N5Y 2E9Contact: Liz 519-520-8534**TUESDAY 10:00 AM** **BB OPEN 20779**St. John the Evangelist Church280 St. James St Wellington Street EntranceN6A 1X3Contact: Cathy G. 519-671-3546**WEDNESDAY 6:00 PM** **STEP OPEN 52268**Westmount Presbyterian Church, LondonN6K 1G3Contact: Cherie 519-670-2245Enter through west door  |  | **LONDON MEETINGS****FRIDAY 10:00 AM** **V CLOSED 39774**St. John the Evangelist Church280 St. James St Wellington Street EntranceN6A 1X3Contact: Joan S 519-471-9075**SATURDAY 11:00 AM** **V CLOSED 47972**St. Justin’s Catholic ChurchFather Pat Mellon Room855 Jalna Blvdat ErnestN6E 2S2Contact: Lauri A. 226-448-9815**Open** 5th Saturday of the Month |  | **OUT OF TOWN****MEETINGS****TUESDAY 1:00 PM** **V OPEN 18734**Church of the Good Shepherd1023 Devonshire AveWoodstock, ONN4S 5S1Contact: Richard 519-475-4715 |
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