OVEREATERS ANONYMOUS REGION 5 SECRETARY

Sept 16, 2020

RE: Region 5 2020 Fall Assembly
October 30th, 31st, and November 1st, 2020 Virtual Zoom

Dear Region 5 Intergroups, Representatives, Officers, and Trustee,

It is time to prepare for the Fall 2020 Region 5 Assembly, which will be held in the Holiday Inn in Independence, Ohio. We don't have a lot of time to get ready for the Fall Assembly as it is almost around the corner. There is only 6 weeks to go. So, get your Region 5 Mojo going and let's get to it

There are 21 documents in Packet A

- A01.R5 2020 Fall Assembly Secretary Letter.pdf
  New - 4 Pages
  This document you are currently reading. This document contains important and specific information for the upcoming assembly.

- A02.R5 2020 Fall Assembly Agenda.pdf
  New - 4 Pages
  The proposed agenda the Region 5 Chair has put together for the assembly. Even though this Assembly is virtual, it was decided that we will keep to the same schedule.

- A03_Zoom Connection Information.pdf
  New - 2 Pages
  This document contains information connecting to the Assembly.

- A04.FundingAssistForm2018.pdf
  2 Pages
  If your intergroup needs additional funding to send representatives to the Assembly, please submit this form to the Region 5 Secretary by September 30th.

- A05_Region 5 2020 Spring Assembly Minutes v3.pdf
  New - 10 Pages
  This document is the unapproved minutes from the Region 5 2020 Spring Assembly.

- A06_Region 5 2020 Summer Conference Minutes V2.pdf
  New - 5 Page
  This document is the unapproved minutes from the Region 5 2020 Summer Conference.

- A07.R5 2020 Fall Assembly Motions.pdf
  New - 7 Pages
  These are the motions that have been submitted for consideration at the Region 5 2020 Fall
  Assembly. Three of these motions are needed to be able to conduct elections virtually.

- A10.R5 2020 Fall Assembly Chair Application Jennifer L.pdf
  New - 3 Pages
  An application for the Region 5 Chair.

- A11.R5 2020 Fall Assembly Chair Application Eileen C.pdf
  New – 2 Pages
  An application for the Region 5 Chair.

- A12.R5 2020 Fall Assembly Treasurer Application Linda P.pdf
  New – 2 Pages
  An application for the Region 5 Treasurer.

- A20.Region 5 Bylaws.2017-11.pdf
  November 2017 - 8 Pages

- A21.Region 5 Policies and Procedures 2020-03.pdf
  March 2020 – 19 Pages

- A22.Region 5 Standing Rules.2017-11.pdf
  November 2017 – 2 Pages

- A23.Region 5 Convention Guide.2016-11.pdf
  November 2016 – 8 Pages

- A24.Region 5 AssemblyInfo 2019-01.pdf
  January 2019 – 19 Pages

- A25.Region 5 Assembly Handbook 2020-04.pdf
  April 2020 – 39 Pages

- A30.R5 Business Committee Form.pdf
  March 2019 – 3 Pages

- A31.R5 Outreach Committee Form.pdf
  February 2020 – 2 Pages

- A32.R5 Committee Contact Form.pdf
  March 2020 – 2 Pages

- A33.Application for Region 5 Officer.pdf
  June 2020 – 2 Pages
  While this was due September 1st, 2020, I would like to extend the deadline till October 11th, 2020. If you feel moved to run, please fill out the form, sign it, scan it and send it to my email address.

- A34.DelegateAppFor2021.pdf
  June 2020 – 2 Pages
  The deadline for submission for Region 5 Delegate to World Service Business Conference is September 30th, 2020. We can send multiple people to World Service Business Conference.

What is not included in this packet

- Reports from Region 5 Committees and Officers of the Board. These will be in Packet B. Available on October 25th, 2020.

Virtual Committee Meetings

I have included our standard forms we use for our committee meetings. Committee meetings will be conducted in breakout rooms in much the same way we did during the Summer Conference. When your committee meeting starts, first thing should be appointing a secretary. The secretary should take minutes for the meeting. After the meeting has closed the Committee chair should get with the secretary and write up the report. Use the format presented in document "A30.R5 Business Committee Form.pdf" for the business committee meetings. Use the format in document "A31.R5 Outreach Committee Form.pdf" for the Committee of the Whole Subcommittee meetings. These are suggested formats I ask you to follow. Please, submit your committee reports to me by email before the close of the Assembly on Sunday. Your report is used in the Assembly minutes so, please make them concise following the suggested formats.

The Chairs are also responsible to collect and put together a roster for your committee meeting based form "A32.R5 Committee Contact Form.pdf". You can ask everybody to submit their contact information via Chat. You can save the chat window by clicking the ellipsis in the lower right side of the Chat Window.

If you have any questions, please don't hesitate to email me or call me.

Thank you for your service.

Yours in recovery,
Joel I.
Region 5 Secretary
614-381-7824
R5Secretary@outlook.com