

OVEREATERS ANONYMOUS

REGION 5 SECRETARY

June 12, 2018

RE: Region 5 Summer Conference Call July 14th, 2018, 2:00 – 4:00 PM Central Time, 3:00 – 5:00 PM Eastern Time

Dear Region 5 Intergroups, Representatives, Officers, and Trustee,

It is time to prepare for the Region 5 Summer Conference Call. The call will be on July 14th, beginning at 2:00 PM Central Time, 3:00 PM Eastern Time, and is **open to all Region 5 OA members.** The call is scheduled to last for 2 hours.

To connect please call 712-775-7031 and when prompted enter the access code: 182-225. This call will be recorded by the Region 5 Secretary for the minutes. Please connect a few minutes early to make sure everybody is present when we start. To make sure no background noises are interfering with the call please mute your call. Unmute when it you turn to speak or you wish to ask a question or make a point of order. You can mute/unmute using your phone or by pressing *6.

This letter is part of Packet A, the first of the pre-conference-call packets containing documents for the upcoming call. Expect to receive Packet B, which will contain different documents, the first week of July. Packet B will contain reports from the board, our WSBC delegate, and committees/subcommittees. If you are responsible for one of those reports, please email your report to me no later than July 3rd, 2018.

In this Assembly Packet A, you will find the following documents. Those marked as **New** have changed since the Spring 2018 Assembly Packet C. Those marked **As in Packet C** were new after the Spring 2018 Assembly, but have not changed since they were sent out in Packet C.

Region 5 Summer Conference Call Documents

- A01.Secretary_Letter.Summer.2018.pdf 3 pages **New**
- A02.Agenda.Summer.2018.pdf 4 pages **New**
- A03.Region 5 2018 Spring Assembly Minutes.pdf 10 pages **As in Packet C**

Region 5 Handbook Documents

- A04.Region 5 Bylaws.2017-11.pdf 8 pages
- A05.Region 5 Policies and Procedures 2018-03.pdf 18 pages **As in Packet C**
- A06.Region 5 Standing Rules.2017-11.pdf 2 pages
- A07.Region 5 AssemblyInfo.pdf 9 pages

Elections

During the Fall 2018 assembly, we will hold elections for **Chair** and **Treasurer**. We will also be affirming someone for **Region 5 Trustee**. Please consider if you are willing, able, and available to apply for one of these offices. Also consider fellows that you think would serve the region well in one of these positions. **Applications are due by September 1**, 2017.

- A08.Application-for-Region-5-Officer.pdf 1 page
- A09.Day in the Life of R5 Trustee.pdf 3 pages

World Service Business Conference

Region 5 is entitled to send one or more to WSBC in 2019. Please consider applying for this amazing service opportunity. **Applications need to be received by October 1, 2018.**

A10.WSBCDelegateAppFor2019.pdf – 2 pages **New**

Region 5 Convention

This year our Region 5 Convention is in the Hilton Indianapolis Downtown from August 31st to September 2nd, 2018. Pre-registration for \$140.00 (includes lunch and dinner) is closed on July 25th. After that you will only be able to the convention as a walk-in. If you are considering going you don't want to wait to register. You can register online at: http://www.region5oa.org/events/2018-region-5-convention-2/ or by paper using the registration form in Packet A.

Ride the bus to region 5 convention on august 31st, 2018 returning on September 2nd, 2018. The bus first pickup will be at Watertown Plank Road Park n Ride, Wauwatosa, WI, additional pickups near Wisconsin/Illinois state line and at the Hilton Garden Inn, Mettawa, IL. The bus will stop for lunch on the way to Indianapolis and also on the way home. Total cost will depend on number of passengers. We will require \$100 approximate cost due by July 28, 2018. We will need at least 30 riders to secure the bus. Please respond by June 30 by email or text business@oamilwaukee.org or (414) 403-8361. See the flyer in Packet A for more details.

Groups are being asked to make a basket to raffle at the Region 5 Convention. Please ask your group to consider supporting the convention by putting together a basket and donating it. See the flyer in Packet A for more information.

- A11.Region5_2018_Convention_Registration_Form.pdf 2 pages
- A12.Region5_2018_Convention_Bus_Information.pdf 1 page **New**
- A13.Region5_2018_Convention_Baskets.pdf 1 page **New**
- A14.Region5_2018_Convention_Clothing_Exchange.pdf 1 page **New**

Budget Requests

Committee and Subcommittee chairs need to make sure that they have made their **budget requests by July 1st**. Please include your contact information, the committee/subcommittee name, the amount requested, and a brief description of the proposed use of those funds.

Website Changes

As you most likely noticed we have been actively updating the Region 5 website. The Assembly page has been adjusted to make it easier to navigate the assemblies and to download documents. The Media committee is starting the process of a full redesign of the website. Our hope is to have a new website by this time next year. If you have any questions, requests or suggestions please talk to the Sylvia (Media Committee Chair - sylviataraszka@gmail.com) or the Region 5 Secretary (R5Secretary@Outlook.com),

Reminder

Event flyers, IG minutes, IG meeting lists, IG newsletters, etc, will be posted to the Region 5 website only if they are in keeping with our 12 Traditions. Submit event flyers through the Calendar page. Other documents are to be submitted on the Intergroups page. If you do not see your document posted within a week of being submitted please send your document directly to the Secretary at R5Secretary@outlook.com.

Convention Bids For 2022

It's really wonderful that we have approved bids for the Region 5 Convention for 2020 in Cleveland OH and for 2021 in Columbus OH. In order to get the best possible hotel prices we need to start our planning several years in the future. So, it is time to start planning the 2022 Region 5 Convention. Please ask your intergroup to discuss hosting or co-hosting the 2022 convention. Please let us know if you are planning on submitting a bid at the upcoming Fall Assembly.

Plan Ahead

The Fall Assembly will be at the Hilton Garden Inn, Chesterton, IN on October $19^{th} - 21^{st}$, 2018. This is the same hotel we had the Spring 2018 Assembly. The cost for a room should be the same.

I look forward to connecting with you in July!

Thank you for your service.

Yours in recovery, Joel I. Region 5 Secretary 614-381-7824 R5Secretary@Outlook.com