



## OVEREATERS ANONYMOUS REGION 5 SECRETARY

Sept 24, 2019

### **RE: Region 5 Fall 2019 Assembly**

**November 8th, 9th, and 10th, 2019 Holiday Inn Cleveland South Cleveland, OH**

Dear Region 5 Intergroups, Representatives, Officers, and Trustee,

It is time to prepare for the Fall 2019 Region 5 Assembly, which will be held in the Holiday Inn in Independence, Ohio. We don't have a lot of time to get ready for the Fall Assembly as it is almost around the corner. There is only 6 weeks to go. So, get your Region 5 Mojo going and let's get to it

### **There are 9 documents in Packet A**

- A01\_Region5 Secretary Letter Fall 2019.pdf
  - New – 3 pages
  - This document you are currently reading which contains information about all of the documents and the upcoming Region 5 Fall 2019 Assembly.
- A02 Hotel Information.pdf
  - New – 3 pages
  - This document contains information about the hotel including how to make reservations, directions, and local restaurants.
- A03.FundingAssistForm2018.pdf
  - 2 Pages
  - Funding assistance forms (to send region representatives to assembly) are to be received at the Lombard address on the form by October 9th.
- A04.Agenda Fall 2019.pdf
  - New – 4 Pages
  - This document is the proposed schedule for the Region 5 Fall 2019 Assembly weekend.
- A05.Region 5 Spring 2019 Assembly Minutes.pdf
  - New – 14 Pages
  - These are the unapproved minutes from the Region 5 Spring 2019 Assembly.
- A06\_Region 5 2019 Summer Conference Minutes.pdf
  - New – 5 Pages
  - These are the unapproved minutes from the Region 5 Summer 2019 Conference.
- A07.R5 Motions For 2019 Fall Assembly.pdf
  - New – 8 Pages
  - There are 4 proposals to consider at the Region 5 Fall 2019 Assembly.

- A08.Eileen C. Vice Chair Application.pdf
  - New – 2 Pages
  - This is the application from Eileen C. for Region 5 Vice Chair.
- A09.Joel I. Secretary Application.pdf
  - New – 3 Pages
  - This is the application from Joel I. for Region 5 Secretary.

### **Other Important Documents**

Previously I've been including all our standard documents that you would need to read in each of the packets for each of our events. This seems so redundant to me as they are posted else where on our website. I've been trying to cut down on all the copies of the different documents to be more efficient and use less space. Here is a list of other documents you might need for the event

- Region 5 Business Documents
 

You can find all of the mod current Region 5 documents that govern how we do business on the Region 5 website on the Region 5 Forms / Resources page: <http://region5oa.org/forms-resources/>

  - Region 5 Bylaws
    - 8 pages, November 2017
  - Region 5 Policies and Procedures
    - 18 pages, March 2109
  - Region 5 Convention Guidelines
    - 8 pages, November 2016
  - Region 5 Standing Rules
    - 2 pages, November 2017
  - Region 5 Assembly Information
    - 19 pages, January 2019
    - All the answers you would ever need to your questions about the Assembly and Summer Conference session that you would ever care to ask.
  - Region 5 Assembly Handbook
    - 37 pages. December 2017
    - You do not need to print out any of these documents unless you really want to for the Region 5 Summer Session. However, I think it's convenient to have the latest documents in front of me during the session.
- Suggested Committee Agenda and Report Format
  - 3 pages
  - We will be having business meeting during the Fall 2019 Assembly. Committees might want to use these forms
  - <https://region5oa.org/media/forms/CommitteeAgenda.Minutes.ReportForm.docx>

- Application Forms
  - Application for R5 Officer
    - We will be having an election for Region 5 Vice-Chair and Region 5 Secretary at the upcoming 2019 Fall Assembly in November. If you are interested in serving in one of these two service positions, please submit an application to the Region 5 Secretary as soon as you can.
    - While this was supposed to be received by September 9th, 2019 for the applicant to be considered a candidate in the 2019 Fall Assembly elections, we will continue to accept applications until October 25<sup>th</sup>, 2019. On even numbered years, elections are held for chair and treasurer. On odd numbered years, elections are held for vice chair and secretary.
    - <http://region5oa.org/wp-content/uploads/2019/04/Application-for-Region-5-Officer.docx>
    - Please talk to the current Vice-Chair and Secretary to find out more about what they do. Also read the a “A day in the life” documents provided in the Summer Conference Packet B.
  - Application for R5 Delegate
    - This is to be received by October 9th, 2019 for the applicant to be considered to represent Region 5 at the World Service Business Conference in 2020.
    - <http://region5oa.org/wp-content/uploads/2019/04/DelegateAppFor2020.docx>

**What is not included in this packet**

- Reports from Region 5 Committees and Officers of the Board. These will be in Packet B. Available on October 25<sup>th</sup>, 2019.

If you have any questions, please don't hesitate to email me or call me.

Thank you for your service.

Yours in recovery,

Joel I.

Region 5 Secretary

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