



Hi all,

July 5, 2021

I hope that you are all having a wonderful summer. It's been a wild ride for me. I've had medical issues over the past few months (honestly, it's been the last 3 years). I have been put thru the tests of life, accepting that I can't do the things that I could do 20 years ago has been a challenge. My brain says one thing and my body just starts laughing. I am looking for the humor in my life. This past year has put us all to the challenges of isolation, zoom anything, ordering things from everywhere and so much more. I feel like I want to jump in all the way but there's a knaggy voice that says "Must be afraid still, everyone says be safe, what does that mean?" I have seen some of my people here in Columbus but tonight's meeting is our big meeting, my hug tank is empty. That is why I can't wait to see my peeps. I hope that you are all feeling the same way. We made the decision, with a lot of input, to have our region assembly in the fall a "face to face" assembly. I would love to hear from you about this.

I'm going to add all the changes that happened at WSBC separately but here's the changes that were made that effect OA as a whole.

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*Abstinence and Recovery Policy, "Unity with Diversity" Policy, Diverse Voices Policy, Special Focus Service Boards, Hybrid Meetings, Annual Events Policy and Young People's Committee*

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All the information about what happened at WSBC can be found at OA.org and search for WSBC. Please bring a friend or sponcee, this is a wonderful time to get others involved since we will be on zoom. I am looking forward to seeing everyone on July 17, 2021. Please bring your hugs, if you don't want to be hugged, That's also awesome!!

Respectively Submitted,

Eileen C.

Region 5 Chair