



**Region 5 Trustee Report
Submitted by Barb K**

**Affiliated Groups: 474
Unaffiliated Groups: 29
Total Groups 503
Intergroups: 26**

- **Congratulations to C.J. our newest Trustee** – Yes, our own Chair C.J.! Many thanks to Eileen for stepping up to be our “acting” Chair.
- **Our newest downloadable literature** has arrived. Together we can now give every newcomer their best shot at recovery if we follow the suggestions in our newest literature:
<https://oa.org/app/uploads/2020/05/Temporary-Sponsors-1.pdf>. Temporary Sponsors recently received Conference Seal of Approval at WSBC 2020 and is now available as a translatable web page on oa.org and in English as a downloadable PDF. Let’s get the word out and make sponsoring all newcomers a regular part of our meetings!
- If you have **newcomers** attending your online/phone meetings, I am willing to snail-mail them a newcomer pamphlet. Get their address – if they are willing to – and either e-mail it to me, r5TrusteeBarb@gmail.com or text me 317-797-0577. Sometime soon we will be able to purchase/download this pamphlet online. Watch for that news!
- Watch oa.org news – we will have a **YouTube channel** soon.
- World Service Business Conference 2020 successfully concluded on 4/29/20. You can read the WSBC 2020 Minutes now and the final Conference Report:
<https://oa.org/app/uploads/2020/06/FCR-20.pdf>
- Here is the link to the **important WSBC dates of 2020-2021**
<https://oa.org/app/uploads/2020/05/Important-Dates-21.pdf>
- Also, watch for the WSBC 2021 **Delegate Support Fund** application to appear online in July and the First Conference e-Documents on August 27, 2020.
- Our updated website oa.org is a wealth of information. Here is a link to important documents:
<https://oa.org/document-library/>

- **There is no calendar on oa.org.** Please Post your local OA events to https://www.facebook.com/overeatersanonymousofficial/?_tn=%2Cd%2CP-R&id=ARBHbR5cwNBkpYXJ1KS890J87YIUCZdBl1qymD2CM00Ao0Gng-z0d8czZQez_a4H-qBd4ndia_qyDq0M by clicking the “Send Message” button on that page. Include all event information and a contact email address that maintains member anonymity. You may also drag-and-drop your event flyer into the message. This social media event page has replaced the Event Calendar/Datebook page on oa.org.
- There is a phone meeting on Thursday nights for **Young People in OA** – 9:30PM Eastern Standard Time [Note the meeting time change] Phone # 605-472-5395 & Access Code 378978#
- Facebook page for Young Persons’: <https://www.facebook.com/OAinfo/>
- 3rd Quarter “A Step Ahead” is now at oa.org - <https://oa.org/a-step-ahead/>

Trustee [not on the Road –] “Zooming Around”

- I have been involved in many activities that have been many “Zoom” meetings with Intergroups. I am so grateful for the recovery in Region 5 & willingness to do Service work and help the still suffering compulsive overeater. If you would like to discuss our Intergroup Renewal program, please contact me and we will discuss possibilities!

I am so grateful for the fellowship and recovery in Region 5.

Yours in Service,
 Barb K.
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