

Application for Region 5 Officer

- Print this page, and then answer the questions, using separate sheet(s) for items #1-4...

OR...

Complete all questions in Microsoft Word, and then print the completed application.

- Mail your completed and signed application to:

Region 5 Secretary
108 Fullers Circle
Pickerington, OH 43147
- **Also**, Email a copy of this application to:

R5Secretary@Outlook.com

(Questions about this? Contact the Region 5 Secretary)
- Applications must be received by the Region 5 Secretary by September 1, 2020.

Full Name: _Linda Post

Address:

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Number of Years in OA: 25

City: Beachwood

Name of Home IG: COSIG

State / Province: Ohio

Currently a Region 5 Rep? NO

Zip: 44122

Previously a Region 5 Rep? YES

For which office are you applying?

Chair _____ Vice Chair _____ Treasurer XX____ Secretary _____

1) Give a brief account of your O. A. story:

- a. I was first introduced to OA in 1993 in Cleveland Ohio. I remained in OA throughout this time with varying levels of abstinence as I moved from job to job and place to place. I have been part of groups in Pittsburgh, Michigan, Columbus, and Cleveland. It has not always been easy to find a meeting (Grand Rapids, MI was a real challenge!) but I have always remained dedicated to my program and to advancing my spiritual, emotional, and physical recovery.

2) Give a summary of your O. A. service:

- a. I have served at the group level in multiple ways, including group secretary, treasurer, and rep to IG.
- b. In Cleveland I served as IG treasurer and chair.
- c. In Columbus I served as IG Region Rep, Newsletter editor, Vice Chair and am currently IG treasurer.
- d. I have attended WSBC twice as a volunteer and visitor from Central Ohio Service Intergroup, working with the IG rep.

Expand this area as needed.

3) Explain why you would like to be a Region 5 officer:

- a. As you can see, I have a long history of service in OA. I have recently moved from Columbus to Cleveland and am in the process of divesting myself from the Treasurer position. Unfortunately in the age of COVID it has been harder for me to connect with new meetings in the local area so I am not currently doing service in Cleveland and, quite frankly, miss it. Being COSIG Treasurer isn't really an option!
- b. I'm familiar with how Region 5 functions and how the organization has evolved over time. I have worked with several of the current officers and IG reps and feel that I can offer my support and insights to the organization, not just my skills.
- c. I am now retired from my job and have more time to give OA. This was always something I hoped to do in my retirement, knowing that giving service keeps my program strong.

4) Explain any skills or experience you would bring to the Region 5 board:

- a. I previously served on the finance committee at Region 5 when we did everything by hand. I was lucky to inherit a system for COSIGOA based on spreadsheets that I have continued to evolve.
- b. I have previously been responsible for budget and earnings as part of a state corporate entity as well as a Trustee for several non-profit organizations so I am very familiar with budgeting, ways of presenting a budget, and spreadsheets. I actually like working with spreadsheets and learning all the tricks!

Responsibilities and Duties of Region 5 Officers are listed in the Policies and Procedures in Article II. By signing this applications, you certify that you meet the qualifications for Region 5 Officers can found in the Region 5 Bylaws, Article VI, Section A.

Signature: _____

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Date: 7 - 11 - 2020