



## OVEREATERS ANONYMOUS REGION 5 SECRETARY

Oct 23, 2019

**RE: Region 5 Fall 2019 Assembly  
November 8th, 9th, and 10th, 2019 Holiday Inn Cleveland South Cleveland, OH**

Dear Region 5 Intergroups, Representatives, Officers, and Trustee,  
It is almost time that we are coming together again for our 2019 Fall Assembly in Cleveland OH. We are all bustling about getting ready to travel, get some work done, get a healthy dose of recovery, and maybe have some fun doing it. This letter is part of the 2019 Fall Assembly Packet B. This is the final packet being provided before the Assembly starts. This packet contains reports from the various offices and committees in our region. There are 14 documents in Packet B. If any additional reports are received before the start of the assembly, I will be sending them to by email. The numbering may not be sequential in this packet. As usually I am indicating whether the document should be printed for your handbook by marking the document a "New" or not with the number of pages it is. The documents are:

- B01\_Region5 Secretary Letter Fall 2019 New – 3 Pages.  
This document you are reading. Contains a description of packet B plus other import documents you will need for the upcoming assembly.
- B02.R5 Chair Report Fall 2019.pdf New – 1 Page.
- B03.R5 Vice Chair Report Fall 2019.pdf New – 1 Page.
- B04.R5 Treasurer Report Fall 2019.pdf New – 1 Page.
- B05.R5 Trustee Report Fall 2019.pdf New – 2 Pages.
- B06.Assembly Credentials Fall 2019.pdf New – 1 Page.
- B07.R5 Convention Committee Report Fall 2019.pdf New – 1 Page.
- B08.R5 Media Committee Report Fall 2019.pdf New – 2 Pages.
- B09.R5 Each One Reach One Committee Report Fall 2019.pdf New – 1 Page.
- B12.2019 Finance Committee Budget to Actual 93019.pdf New – 1 Page.
- B13.Balance Sheet 9-30-19.pdf New – 1 Page.
- B14.Group Contributions.pdf New – 15 Pages.
- B15.Profit and Loss through 9-30-19.pdf New – 3 Pages.
- B16.2020 Finance Committee Proposed Budget.pdf New – 2 Pages.  
This is the proposed budget we will discussing and voting on during the Assembly.

## Other Important Documents

There are other documents posted on the Region 5 website that you will need for the Assembly. These documents have not been updated in a while, but you should make sure you have the latest documents in your Assembly Handbook. Please look at the revision date to determine if you need to update your handbook. Here is a list of other documents you might need for the event:

- Region 5 Business Documents
  - You can find all of the most current Region 5 documents that govern how we do business on the Region 5 website on the Region 5 Forms / Resources page: <http://region5oa.org/forms-resources/>
  - Region 5 Bylaws
    - 8 pages, November 2017
  - Region 5 Policies and Procedures
    - 18 pages, March 2019
  - Region 5 Convention Guidelines
    - 8 pages, November 2016
  - Region 5 Standing Rules
    - 2 pages, November 2017
  - Region 5 Assembly Information
    - 19 pages, January 2019
    - All the answers you would ever need to your questions about the Assembly and Summer Conference session that you would ever care to ask.
  - Region 5 Assembly Handbook
    - 37 pages. December 2017
    - You do not need to print out any of these documents unless you really want to for the Region 5 Summer Session. However, I think it's convenient to have the latest documents in front of me during the session.
- Suggested Committee Agenda and Report Format
  - 3 pages
  - We will be having business meeting during the Fall 2019 Assembly. Committees might want to use these forms
  - <https://region5oa.org/media/forms/CommitteeAgenda.Minutes.ReportForm.docx>

- Application Forms
  - Application for R5 Officer
    - We will be having an election for Region 5 Vice-Chair and Region 5 Secretary at the upcoming 2019 Fall Assembly in November. If you are interested in serving in one of these two service positions, please submit an application to the Region 5 Secretary as soon as you can.
    - While this was supposed to be received by September 9th, 2019 for the applicant to be considered a candidate in the 2019 Fall Assembly elections, we will continue to accept applications until October 25<sup>th</sup>, 2019. On even numbered years, elections are held for chair and treasurer. On odd numbered years, elections are held for vice chair and secretary.
    - <http://region5oa.org/wp-content/uploads/2019/04/Application-for-Region-5-Officer.docx>
    - Please talk to the current Vice-Chair and Secretary to find out more about what they do. Also read the a “A day in the life” documents provided in the Summer Conference Packet B.
  - Application for R5 Delegate
    - This is to be received by October 9th, 2019 for the applicant to be considered to represent Region 5 at the World Service Business Conference in 2020.
    - <http://region5oa.org/wp-content/uploads/2019/04/DelegateAppFor2020.docx>

**What is not included in this packet**

At this time, we do not have a consent agenda, and reports from several committees who have indicated they have nothing to report. The current motions we are considering are in packet A.

If you have any questions, please don't hesitate to email me or call me.

Thank you for your service.

Yours in recovery,

Joel I.

Region 5 Secretary

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