

Hi all,

I have had the privilege of working with a couple of the region chairs putting together a workshop on: "Life on Life's Terms: Using Spiritual Principles to Deal with the Journey, One Day at a Time". We are trying to make it so that any group or intergroup can use it too. This has been a wonderful experience working with people all over the world. The thing that I have learned is that every person in the program needs to have a voice. This why our reps go to intergroup, so they can vote for their OA peeps.

I know that I have said many times that I didn't feel qualified to serve in "that" position. But I heard a long-time OA'er say, that none of us knows how do that positions when we get it, that's the whole point. I have done a lot of service positions in OA, some I loved, some I didn't, liked some of the people, some I grew to love, as they me. I didn't know how to do any of the service positions when I did them the first time. I have learned a lot and now I'm learning how to be a region chair. What if I fail? What is wrong with these people, don't they know I'm a big goofball? They knew! I will make mistakes but I'm still learning. Read about that service position that you want and work towards it.

I have learned that we are all different and that we don't have to all agree on everything but we have to come together to keep ourselves healthy and sane. I know that I have had people tell me that they don't go to intergroup or region because there "might be" confrontation or disagreements but how are we to learn how to deal with life without food if not here? This is my home and I will do everything I can to keep the lights on, pay the bills and help where ever needed. I hope that you can be there/here too.

Hugs, Hugs, Hugs, Eileen