

OVEREATERS ANONYMOUS REGION 5 SECRETARY LETTER

March 11th, 12th, and 13th, 2022



March 17, 2022

Dear Region 5 Intergroups, Representatives, Officers, and Trustee,

The Assembly Packet C has been posted on the Assemblies page of region5oa.org.

There are 18 documents in Packet C:

1. C01.R5 2022 Spring Assembly Secretary Letter.pdf
New – 2 Pages: This letter is about Packet C.
2. C02.R5 2022 Spring Assembly Minutes.pdf
New – 7 Pages: The Minutes from the Assembly.
3. C03. R5 2022 Spring Assembly Credentials.pdf
New – 1 Page
4. C04.R5 2022 Spring Assembly Agenda.pdf
New – 4 Pages: The approved Agenda.
5. C05.R5 2022 Spring Assembly Consent Agenda.pdf
New – 11 Pages: The approved Consent Agenda.
6. C06.R5 2022 Spring Assembly Motions.pdf
New – 5 Pages: The Motions debated at Assembly.
7. C07.R5 2022 Spring Assembly Business Committee Reports.pdf
New – 5 Pages: Business Committee Report documents.
8. C08.R5 2022 Spring Assembly Outreach Subcommittee Reports.pdf
New – 7 Pages: Outreach Subcommittee Report documents.
9. C9.Region 5 Policies and Procedures 2022-03-17.pdf
New – 19 Pages: The adjusted Region 5 Policy and Procedures as a result of the adopted changes at Assembly.
10. C10.Region 5 Bylaws 2022-03-17.pdf
New – 19 Pages: The adjusted Region 5 Bylaws as a result of the adopted changes at Assembly.
11. C11.Region 5 Assembly Handbook 2022-03-17.pdf
New – 39 Pages: The map of regions page was updated.
12. C12.Application for Region 5 Officer.pdf
1 Page: It is not too early to start thinking about running for a Board Officer Service Position. We will be electing a Region 5 Chair and a Treasurer at the Fall 2022 Assembly.
13. C13.DelegateAppFor2023.pdf
New – 2 Pages: Updated for the new Secretary and new year.

- 14. C14.R5 2022 Spring Assembly OA Regions Map.pdf
New – 1 Page: Updated map of OA Regions.
- 15. C15.R5 2022 Spring Assembly Zoom Security Presentation.pdf
New – 14 Pages: Friday night presentation document.
- 16. C16.R5 2022 Spring Assembly Converting to Hybrid Meetings.pdf
New – 10 Pages: Hybrid Meeting support document.
- 17. C17.R5 2022 Spring Assembly Hybrid_TechnologyTips.pdf
New – 3 Pages: Hybrid Meeting support document.
- 18. C18.R5 2022 Convention Registration Mail in Revised 2-23-22.pdf
New – 1 Pages: Updated registration form.

Don't forget to mark your calendars:

July 16, 2022	Region 5 Summer Conference, Virtual Zoom
September 16th-18th, 2022	Region 5 Convention, Hosted by Chicago, IL, Virtual Zoom
November 4-6	Region 5 Fall Assembly, Hilton Garden Inn Chesterton, IN (Awaiting final contract)
March 10-12, 2023	Region 5 Spring Assembly (TBD)

Thanks for a great Assembly!

Keri E.
Region 5 Secretary
R5Secretary@outlook.com