

OVEREATERS ANONYMOUS
REGION 5 SECRETARY LETTER

RE: Packet C for the 2019 Fall Region 5 Assembly
November 8 - 10 2019



November 24th, 2019

Dear Region 5 Intergroups, Representatives, Officers, and Trustee,

The post-assembly packet, Packet C, has been posted on the Assemblies page of region5oa.org.

There are 3 documents in Packet C:

1. **C01.Region 5 2019 Fall Assembly Secretary Letter.pdf** - 2 pages - New
 - a. This Secretary Letter is the first document of Packet C and describes what is in the packet.
2. **C02.Region 5 2019 Fall Assembly Minutes.pdf** - 10 pages – New
 - a. This is the minutes from the 2019 Spring Region 5 Assembly as approved by the minute's approval committee.
3. **C03.Fall 2019 Assembly Credentials.pdf** - 1 page – New
 - a. This is the credentials report referenced in the Region 5 2018 Fall Assembly Minutes.

There were no changes to the Region 5 Bylaws and Policy and Procedures during this assembly.

Not included in Packet C are:

1. The Freedom from Bondage newsletter. This will be distributed at a later date.

This concludes the documentation for the 2019 Fall Region 5 Assembly. We got a lot done at this assembly. But there is still a lot of work to be done. Policy Amendment Motion C was withdrawn so they Bylaws committee can spend some time adjusting it. Policy Amendment Motion D was postponed indefinitely needing to be reworked and repropose for Spring. The motion to broadcast Friday Night Assembly sessions over Zoom was approved but the implementation needs to be reworked prior to doing it. Each of the committees and subcommittees have made some commitments to be completed before the next Assembly. Now is not the time to rest on our laurels; now is the time to get things done. So let's do it. Don't forget you have a great tool for virtual meeting and collaboration called Zoom. Please email R5Host@outlook.com to schedule your meeting.

Don't forget to mark your calendars for:

- March 13 – 15, 2020 Region 5 Spring Assembly, Hilton Garden Inn Chesterton, IN
- July 11, 2020 Region 5 Summer Conference, Zoom Meeting
- August 20 – 23, 2020 World Service Convention, Orlando, FL
- October 9 – 11, 2020 Region 5 Convention, Holiday Inn Cleveland South, Cleveland, OH

Now's the time to start considering if you want to run for Region 5 Chair or Treasurer. We will be voting on these service position next year November. Oh I know that such a long time from now. Most of us have no idea what life will be like, a year from now. But it is never too early to start thinking about it. If you would like more information, please contact CJ or Gerri.

One last thought. Thank You so much for trusting me and re-electing me for another 2 years as your Secretary. Life can be very challenging at times. And part of that challenge is completing all of my commitments. With God and all of your support I will do my very best meet each challenge and commitment and get it done.

Yours in recovery,

--Joel I.

--Region 5 Secretary

--R5Secretary@outlook.com