

OVEREATERS ANONYMOUS
REGION 5 SECRETARY LETTER

RE: Packet C for the 2020 Fall Region 5 Assembly
October 30, 31, and November 1, 2019



November 22th, 2019

Dear Region 5 Intergroups, Representatives, Officers, and Trustee,

The post-assembly packet, Packet C, has been posted on the Assemblies page of region5oa.org.

There are 15 documents in Packet C:

1. **C01.Region 5 2019 Fall Assembly Secretary Letter.pdf** - 2 pages - New
 - a. This Secretary Letter is the first document of Packet C and describes what is in the packet.
2. **C02.Region 5 2019 Fall Assembly Minutes.pdf** - 10 pages – New
 - a. This is the minutes from the 2019 Spring Region 5 Assembly as approved by the minute's approval committee.
3. **C03.Fall 2019 Assembly Credentials.pdf** - 1 page – New
 - a. This is the credentials report referenced in the Region 5 2018 Fall Assembly Minutes.

General Assembly Documents

1. C01.Region 5 2020 Fall Assembly Secretary Letter.pdf (3 pages – New)
 - a. This Secretary Letter is the first document of Packet C and describes what is in the packet.
2. C02.Region 5 2020 Fall Assembly Minutes V2.pdf (12 pages – New)
 - a. This is the minutes from the 2020 Spring Region 5 Assembly as approved by the minute's approval committee.
3. C03.Fall 2020 Assembly Credentials.pdf (1 page – As approved during the Assembly)
 - a. This is the credentials report referenced in the Region 5 2020 Fall Assembly Minutes.
4. C04.Region 5 Standing Rules.2020-10.pdf (1 page – As approved during the Assembly)
 - a. This is the Region 5 Standing rules introduced and approved during the Assembly.
5. C05.R5 2020 Fall Assembly Amended Agenda.pdf (3 pages – As approved during the Assembly)
 - a. This is the Amended Agenda introduced and approved during the Assembly.
6. C06.Region 5 Bylaws Amendment C.pdf (2 pages – As introduced during the Assembly)
 - a. This is the new Bylaws amendment introduced and approved during the Assembly.
7. C07.Application for Region 5 Officer.pdf (1 page – New)
 - a. This is the application for the Vacant Region 5 Vice-Chair Service Position.

Financial Documents

8. CF1.Revised 2020 Budget to Actual Jan - Sep.pdf (2 pages – New)
 - a. This is the final Budget to Actual January thru September Financial spreadsheet.
9. CF2.2020 Convention Income & Expenses.pdf (2 pages – New)
 - a. This is the completed 2020 Convention Income & Expenses Financial spreadsheet.
10. CF3. Revised Profit & Loss January thru September.pdf (5 pages – New)
 - a. This is the final Profit & Loss January thru September Financial spreadsheet.

11. CF4.Approved 2021 Proposed Budget 10-31-2020.pdf (2 pages – New)
 - a. This is the Budget that was approved by the Assembly.
12. CF5.Region 5 Contribution-Form2020.pdf (1 page – New)
 - a. Because the new treasurer has a new address the Region 5 Contribution Form was modified. Please use this form for all your group contributions that you mail in.
13. CF6.Region 5 Funding Assistance Form 2020.pdf (1 page – New)
 - a. Because the new treasurer has a new address the Region 5 Funding Assistance Form was modified. Please use this form if your group needs assistance attending Region 5 Assemblies. The next Assembly will be virtual, and this form will not need needed as there is no cost to attend. The Region 5 2021 Fall Assembly may be Face-to-Face and if your group needs assistance, please submit this form to the Region 5 Treasurer.
14. CF7.Region 5 Expense-Request-Form 2020.pdf (1 page – New)
 - a. Because the new treasurer has a new address the Region 5 Expense Request Form was modified.
15. CF8.Region 5 Credit-Card-Expense-Form-2020.pdf (1 page – New)
 - a. Because the new treasurer has a new address the Region 5 Credit Card Expense Form was modified.

There were no changes to the Region 5 Bylaws and Policy and Procedures during this assembly.

Not included in Packet C are:

1. The Freedom from Bondage newsletter. This will be distributed at a later date.

This concludes the documentation for the 2020 Fall Region 5 Assembly.

Don't forget to mark your calendars for:

- March 12 – 14, 2021 Region 5 Spring Assembly, Virtual Zoom Meeting
- July 17, 2021 Region 5 Summer Conference, Zoom Meeting
- August 26-28, 2021 World Service Convention, Orlando, FL
- October 1 – 3, 2021 Region 5 Convention, Virtual Zoom Meeting. Dates are tentative and may change.
- November 5 – 7, 2021 Region 5 Fall Assembly, Hilton Garden Inn Chesterton, IN

Now's the time to start considering if you want to run for Region 5 Vice-Chair. We will be voting on this vacant service position at the Spring Assembly. Also this is my last years as Secretary. So it is time to start thinking about running for that service position. Oh I know that such a long time from now. Most of us have no idea what life will be like, a year from now. But it is never too early to start thinking about it. If you would like more information, please contact me.

Yours in recovery,

--Joel I.

--Region 5 Secretary

--R5Secretary@outlook.com