



OVEREATERS ANONYMOUS  
REGION 5 SECRETARY LETTER

RE: Packet C for the 2021 Fall Region 5 Assembly  
October 29, 30, and 31, 2021

November 12<sup>th</sup>, 2021

Dear Region 5 Intergroups, Representatives, Officers, and Trustee,

The post-assembly packet, Packet C, has been posted on the Assemblies page of [region5oa.org](http://region5oa.org).

There are 10 documents in Packet C:

1. C01.Region 5 2021 Fall Assembly Secretary Letter  
New – 2 Pages: This letter to you about Packet C.
2. C02.R5 2021 Fall Assembly Minutes.pdf  
New – 10 Pages: The minutes from the 2021 Fall Assembly.
3. C03.Fall 2021 Assembly Credentials.pdf  
New – 1 Page
4. C04.R5 2021 Fall Assembly Agenda.pdf  
New – 4 Pages: The changed and approved version of the Agenda.
5. C05.Standing Rules for Region 5 Virtual Assembly 2021-11-02.pdf  
New – 1 Page: The adjusted Region 5 Standing Rules for Virtual Assemblies as a result of the adopted changes on Saturday. These rules apply to the next assembly and not the 2021 Fall Assembly.
6. C06.Region 5 Policies and Procedures 2021-11.pdf  
New – 19 Pages: The adjusted Region 5 Policy and Procedures as a result of the adopted changes on Saturday.
7. C07.Region 5 Assembly Handbook 2021-11.pdf  
New – 39 Pages: The Assembly history was updated.
8. C08.Region 5 Revised 2022 Budget.pdf  
New – 3 Pages: The Approved 2022 Budget.
9. C09.Application for Region 5 Officer.pdf  
New – 1 Page: Updated for the new Secretary and next year. It is not too early to start thinking about running for a Board Officer Service Position. We will be electing a new Region 5 Chair and Treasurer at the Fall 2022 Assembly.
10. C10.DelegateAppFor2022.pdf  
New – 2 Pages: Updated for the new Secretary and next year.

**There were no changes** to the Region 5 Bylaws during this assembly.

**Don't forget to mark your calendars:**

March 11-13, 2022	Region 5 Spring Assembly, Virtual Zoom
July 16, 2022	Region 5 Summer Conference, Virtual Zoom
September 16th-18th, 2022	Region 5 Convention, Hosted by Chicago, IL, Virtual Zoom
October 28-30, 2022	Region 5 Fall Assembly, Location TBD

**This concludes the documentation** for the 2021 Fall Region 5 Assembly.

Keri is your new secretary now and I am busy doing the transition over to her. It was fun and a honor being your Secretary for the last 4 years. I am sure Keri will be a fantastic Secretary for the Assembly. Still, I am not really going anywhere. I will carry on as the Digital Community Coordinator. Besides rebuilding the Website, I am available to help with your Zoom and other digital needs.

Signing off and

As always, Yours in recovery,

--Joel I.

--Region 5 Secretary

--R5Secretary@outlook.com