

OVEREATERS ANONYMOUS
REGION 5 SECRETARY LETTER

RE: Packet C for the 2021 Spring Region 5 Assembly
March 12-14, 2021



March 20, 2020

Dear Region 5, Intergroups, Representatives, Officers, and Trustee,

The post-assembly packet, Packet C, has been posted on the Assemblies page of region5oa.org.

There are 9 documents in Packet C:

- **C01.Secretary Letter 2021 Spring Assembly.pdf** – New – 2 pages
You are currently reading this document. This is my report to you concerning this packet.
- **C02.Region 5 2021 Spring Assembly Minutes v3.pdf** – New – 8 pages
This is the minutes taken during the Region 5 2021 Spring Assembly and approved by the Minutes Approval Committee.
- **C03.R5_Spring_2021_Assembly_Credentials.pdf** – New – 1 page
This the credentials taken during the Region 5 2021 Spring Assembly and referenced in the minutes.
- **C04.Standing Rules for Region 5 Virtual Assembly.pdf** – New – 1 page
This is the Standing Rules that was amended and approved during the Region 5 2021 Spring Assembly.
- **C05.Region 5 Bylaws 2021-03.pdf** – New – 8 pages
The Bylaws was updated to include the additional paragraph to Article X that was adopted during the Region 5 2021 Spring Assembly.
- **C06.DelegateAppFor2021.pdf** – 2 pages
It was decided to add additional Region 5 Delegates to the coming World Service Business Conference (WSBC). You can use this form to apply for the service position. Please ignore the due date on the form. If you want to go to WSBC, please get the form in the Region 5 Secretary as soon as you can.
- **C07.Donations YTD March.pdf** – New – 3 Pages
This is an updated Donations document from the Region 5 Treasurer.
- **C08.What is Intergroup Renewal.pdf** – New – 3 Pages
This is a description of the Intergroup Renewal process.
- **C09.Intergroup Renewal info.pdf** – New – 12 Pages
This is the presentation that our Region 5 Trustee gave us on Saturday at noon.

This concludes the documentation for the 2021 Spring Region 5 Assembly. We got a lot done at this assembly. We had 54 people register, 48 people attended on Friday night, and 42 people attended the assembly on Saturday. This was our 2nd virtually assembly and everything worked perfect. We chose to continue the business of the Outreach Committee of the Whole keeping 2 of our Outreach Sub-committees and creating a new Sub-committee for PI/PO. We approved 1 motion for Bylaws to allow us to have virtual events. It was a truly great meeting even if we could not actually give hugs to each other.

I am very appreciative to all of our friends who helped out during this event. I would like to give a shout out to all of the Hosts and Assistant Hosts who helped create a very smoothly run event. Let us all give a big thanks to Sheryl G., CJ M., Bonnie L., Cheryl B., and Laurie M. for helping us with the behind-the-scenes stuff.

I would also like to give a shout out to Bobbi P. who jumped headfirst into the deep end and took on Vice-Chair with very little knowledge and experience. Saturday afternoon brainstorming was handled so wonderfully, Bobbi made it look easy. Bobbi contributed in so many ways. You will be sorely missed by all of us. This is not to say we are not grateful to Deanna B. who has taken this service position on. We know Deanna is going to be awesome, in so many ways.

But you know what all of this means... The work continues on. We need to keep the momentum going. Let's get those Committee Zoom meetings scheduled. If you need help starting the meeting let me know I will help you.

Don't forget to mark your calendars for:

- July 17, 2021 Region 5 Summer Conference, Virtual Zoom
- August 26 - 28, 2021 World Service Convention, Orlando, FL
- October 2 - 3, 2021 Region 5 Convention, Virtual Zoom
- November 5 - 7, 2021 Region 5 Fall Assembly, Hilton Garden Inn Chesterton, IN
- March 11 - 13, 2022 Region 5 Spring Assembly, Hilton Garden Inn Chesterton, IN

Now's the time to start considering if you want to run for Region 5 Vice-Chair or Secretary. If you think you'd like to take on these awesome service positions, please have your application into to me no later than September 6th, 2021. The application is on the forms page in the Region 5 website.

Yours in recovery,

--Joel I.

--Region 5 Secretary

--R5Secretary@outlook.com