



## Region 5 2021 Summer Conference

July 17, 2020

Location: Zoom Cloud Meeting

### Session 1

1. Region 5 2021 Summer Conference Session 1 was called to order by the Chair Eileen C. at 8:00 AM Central Time/9:00 AM Eastern Time. Opened with:
  - a. Third Step Prayer
  - b. Responsibility Pledge
2. Agenda
  - a. As there was no objection to the Agenda as presented, the Agenda was accepted.
3. A Roll Call was conducted by CJ M.
  - a. Counts are:

<b>Voting Reps Present:</b>	19
<b>Voting Officers Present:</b>	4
<b>Eligible Voters Present:</b>	23
Non-voting Alternates, Guests	8
Parliamentarian	0
Region Trustee	1
<b>Total Attendance</b>	<b>32</b>

- b. Details for the Roll Call can be found in Packet B document "C03\_R5\_Summer\_Conference\_2021\_RollCall.pdf".
4. Report of the Minutes Approval Committee of the Region 5 Spring 2021 Assembly Minutes
  - a. The Minutes were approved by the Committee and were included in the Summer Conference Packet.
  - b. Final approval for the Minutes will be at the Region 5 Fall 2021 Assembly.
5. Executive Committee Reports Q & A
  - a. Reports for the Region 5 Board were included in the Summer Conference Packet.
  - b. Chair – Eileen C.
    - i. Included with the Chair Report was the WSBC Conference Summary. Please take a moment to read through this document and bring it to your Intergroup. This document is in Packet A: "A20.WSBC 2021 Policy Changes Affect OA as a Whole - Overeaters Anonymous.pdf".
    - ii. Two things that were changed at the last WSBC: the "Abstinence and Recovery" Policy and the "Unity with Diversity" Policy. Please change these at your Meetings if they are being read.
    - iii. No questions were asked.

- c. Secretary – Joel I.
  - i. Fall Assembly will be held face-to-face on October 29 – 31, 2021 (last weekend of October) in Chesterton, Indiana.
  - ii. Officer applications are due on August 30, 2021. Please send your application electronically to the Region 5 Secretary by the above date and mail a signed paper copy of your application to the Region 5 Secretary (which must be received by the start of the Fall Assembly). You can also bring the signed paper copy with you to the Fall Assembly, but you must give it to the Region 5 Secretary during check-in on Friday evening. Please consider running for the Region 5 Secretary, as Joel is unable to continue doing the service. If you are elected, you won't be alone. Joel will provide a full description of how to do the Secretary service. Joel will be there to support and help the new Secretary through the first Assembly. Joel will also continue to serve by handling the virtual meetings service position, so the new Secretary won't be dealing with Zoom or RegFox.
    - 1. We will be holding elections for Region 5 Executive Board Positions for Vice-Chair and Secretary.
    - 2. There are "Day in a Life" documents in Packet A that describes the responsibilities of both Executive Board Service Positions. These are not difficult positions to serve in.
    - 3. We will also be confirming the Region 5 Trustee Service Position for the next three years.
  - iii. The Region 5 Delegate of WSBC application is due to the Region 5 Secretary no later than September 29, 2021. If your Intergroup cannot afford to send you to the WSBC, you can go to the WSBC as a Delegate for Region 5. We can send multiple Delegates to the next WSBC which will be face-to-face in Albuquerque NM at the end of April, 2022.
  - iv. Alternately, if your Intergroup is unable to financially afford to send you to Albuquerque, NM as a WSBC Delegate, you can request financial assistance from Region 5 and World Service by submitting the Region 5 Delegate Support Fund for WSBC application to the Region 5 Secretary, no later than September 30, 2021.
  - v. If your Intergroup needs financial help sending you as a Representative to the Fall Assembly, please submit your application to the Region 5 Secretary for the Region 5 Representative Funding Request for Assembly, no later than September 29, 2021.
    - 1. The Fall Assembly will not be a hybrid event, though we will try to do Friday night as a hybrid session. Saturday and Sunday will be face-to-face only. You must attend in Chesterton to be able to have a voice and vote at the Assembly.
    - 2. If you are planning on running for an Officer Service Position you must be present during the vote to be elected.
  - vi. No questions were asked.

- d. Vice Chair – Deanna B.
  - i. Region 5 Convention is hosted by Central Ohio Service Intergroup on Oct 2 and 3, 2021.
  - ii. We need a Chair for the 2022 Chicago Region 5 Convention. If you live in the Chicago area, please consider stepping up. We need this Convention Chair Service Position filled before the Region 5 Fall Assembly.
  - iii. No questions were asked.
- e. Treasurer – Linda P.
  - i. We have adequate money for funding assistance. We would love to see you at the Fall Assembly and the next WSBC. We also have enough money to afford scholarships for the 2022 Region 5 Convention.
  - ii. We have about \$60,000 in our Treasury. Please read the Treasurer Report for accurate numbers and details. We will need to expend more money next year than this year as we are going back to face-to-face Assemblies and WSBC.
  - iii. Region 5 2022 Budget is being voted on at the Fall Assembly. Requests for funding or changing the proposed Budget will need to be submitted to the Region 5 Treasurer no later than October 8, 2021.
  - iv. No questions were asked.
- f. Region 5 Trustee – Barbara K.
  - i. Do not forget the World Service Convention in August. This is not going to be a hybrid event. It will only be face-to-face. People can find information on how to register and get a hotel room at: <https://oa.org/world-service-convention/>.
  - ii. The Region 5 Trustee will be up for a new confirmation for the next three years at the upcoming Fall Assembly. However, if a member is getting a nudge from Higher Power to be a Trustee, please run for the Service Position. Just because Barbara K. is running for another three years, shouldn't stop others from running against her. Members can find the application for Trustee at oa.org.
  - iii. The Region 5 Trustee will be doing Intergroup and Meeting website reviews this fall.
  - iv. If a Meeting is going to be hybrid they can register with your Intergroup; If the Intergroup Bylaws do not say Meetings/Groups have to be physically within the Intergroup area. If a Meeting/Group wants to stay virtual but wants to register with a local Intergroup they can do that also.
  - v. Region 5 can take up to five Delegates to the 2022 WSBC. There is a Region 5 Support Fund specifically put aside for this reason. Please put in an application to be a Region 5 Delegate to WSBC.
  - vi. There is a free download for the new Young Person Pamphlet. You can find information for this at: <https://oa.org/young-people/>.
  - vii. There will be new literature available in January 2022, including the Second Edition of Voices of Recovery.
  - viii. OA.org is being enhanced and the new version will be released at the beginning of next year, including the ability to upload all local events directly to OA.org.
  - ix. Please talk to the Region 5 Trustee directly if you have any questions.

6. Participants were split into four breakout rooms for Business Committee Meetings (Bylaws, Finance, Convention, Media).
7. Region 5 2021 Summer Conference Session 1 was adjourned at 9:30 AM Central Time/10:00 AM Eastern Time.

## Session 2

1. Region 5 2020 Summer Conference Session 3 was called to order by the Chair Eileen C. at 09:45 AM Central Time/10:45 AM Eastern Time.
2. Participants were split into three breakout rooms for Outreach Sub-Committee Meetings (Intergroup to Intergroup, Sponsorship Task Force, PI/PO).
3. Region 5 2021 Summer Conference Session 2 was adjourned at 10:30 AM Central Time/11:30 AM Eastern Time.

## Session 3

1. Region 5 2020 Summer Conference Session 3 was called to order by the Chair Eileen C. at 10:31 AM Central Time 11:31 AM Eastern Time.
2. Business Committee Reports
  - a. Bylaws
    - i. The Committee Report was presented by the Committee Chair, Marilyn D.
    - ii. Working on changing Standing Rule 10 for the Virtual Assembly on defining the word “present” for the Credentials.
    - iii. Working on a new Standing Rule for Voting Procedures.
    - iv. No questions were asked.
  - b. Finance
    - i. The Committee Report was presented by the Committee Chair, Linda P.
    - ii. Reviewed the Balance Sheet.
    - iii. Discussed the Prudent Reserve. Region 5 needs to identify what the Prudent Reserve value should be. It is not in any of the Region 5 documents. In general, the standard is three to six months of operating expenses. This will be discussed the Finance Committee the next time they get together.
    - iv. Discussed the proposed 2022 Budget. It was noted that most of the Committees have not spent the money reserved for them in the last Budget. They will not base the proposed Budget amounts for Committees on last year’s Budget amounts, instead they will depend on requests from the Committees.
    - v. No questions were asked.
  - c. Convention
    - i. The Committee Report was presented by the Committee Chair, Martha C.
    - ii. The theme of the Convention is “Many Voices One Solution”.
    - iii. Registration is open. The Convention has 25 registrations currently. Registration will be open through Saturday morning, October 2<sup>nd</sup>.
    - iv. Service Opportunities are available.
    - v. Starts at 8:30 AM Eastern Time. There will be a short introduction.
    - vi. The Convention Program was displayed and described. This Program has two tracks with breakout rooms.

- vii. The Convention Committee is actively recruiting Speakers and Keynotes. There will be a total of four Keynotes, which will reflect the diversity of our Fellowship.
- viii. Question: Could the results of the Writing Exercises during the Convention be submitted to the Region 5 Online Newsletter? Answer: Yes, the Committee will do that.
- ix. Question: Can you describe the breaks at the Convention? Answer: There will be half hour breaks between Sessions. During the breaks there will be two rooms, one for Sponsorship, and the other will be a Fellowship room. The Convention Committee are calling the Fellowship room “Hallway Moments” as the room will be a place where participants can connect with each other.

d. Media

- i. The Committee Report was presented by Pam P. (Shirley L. is the Committee chair).
- ii. The Media Committee is focused on the Region 5 Web-site checks. The last set of web site checks were completed and there were two broken links that were corrected. The Committee is planning on doing another set of Web-site checks in September 2021. Shirley will be sending assignments out to the Committee Members before September 2021. Any issues found will be sent to the Region 5 Secretary.
- iii. The Committee also focused on the Online Newsletter/Blog. They are going to be posting an article every week for the next two months (if not longer). The Committee is asking everybody to submit an article to keep that going. OA Members can send articles to the Media Committee Chair or use the button at the bottom of the Online Newsletter/Blog Page on the Region 5 Website.
- iv. The Media Committee asked the Region 5 Secretary if the Committee could get an idea of the traffic of the Online Newsletter/Blog Page. The Region 5 Secretary will ask the Web Master.
- v. No questions were asked.

3. Committee of the Whole Reports

a. Sponsorship Task Force Sub-Committee

- i. The Sub-Committee Report was presented by the Sub-Committee Chair, Preston F.
- ii. When the Sub-Committee receives a request for help getting a Sponsor, Keri E. updates the spreadsheet and then Preston assigns a Sub-Committee Member to contact and help the individual with finding a Sponsor.
- iii. The Sub-Committee is developing a script of what the conversation should be with the person requesting a Sponsor.
- iv. The big problem the Sub-Committee has is a lack of available Sponsors. They have been reaching out to the list of Sponsors they have, to see if they are available, and most are no longer available. A suggestion was made to explore maybe only assigning temporary Sponsors using The First Twelve-Days pamphlet. The temporary Sponsors only responsibility would be helping the person find a Sponsor.
- v. No questions were asked.

- b. Intergroup to Intergroup (IG2) Sub-Committee
  - i. The Sub-Committee Report was presented by Barb E. (currently there is no Sub-Committee Chair). A Sub-Committee Chair will be selected at the next meeting.
  - ii. A new survey to Intergroups has been approved by the Region 5 Executive Board. The survey will be sent out soon; data will be collected for a month; and the results will be compiled and then will be distributed out to the Sub-Committee.
  - iii. The Sub-Committee is going to be working on getting all unaffiliated Meetings associated with an Intergroup. There are currently 31 unaffiliated Meetings. A script will be used when volunteers reach out to the unaffiliated Meetings.
  - iv. Intergroup Renewal: Two Intergroups have been scheduled to start the Intergroup Renewal process in 2022. The Sub-Committee is going to ask for additional money to help some of the Committee Members travel to the Intergroup Renewal sessions.
  - v. The Sub-Committee is continuing to work on a pamphlet for newcomers.
  - vi. The next "Chat with the Chairs" meeting is scheduled on July 25<sup>th</sup>, 2021, at 3:00 pm Eastern Time/2:00 pm Central Time. Anyone from the Intergroups can attend, not just the Chairs. A link will be distributed. They are also asking participants submit topics to chat about.
  - vii. No questions were asked.
- c. PI/PO
  - i. The Sub-Committee report was presented by Sub-Committee Chair Linda P.
  - ii. Continue to collect information available to build a Packet to be sent or presented to health professions.
  - iii. No questions were asked.
- 4. Nominating Committee Report
  - a. The Committee Report was presented by Lynn H.
  - b. Met last time on June 5<sup>th</sup>, 2021. They are still looking for Trustee, Vice-Chair, and Secretary.
  - c. Please read the "Day in the Life" documents in Packet A.
  - d. No questions were asked.
- 5. Intergroup Sharing
  - a. Intergroups Representatives shared for 10 minutes.
- 6. Announcements
- 7. Region 5 2021 Summer Conference Session 3 was adjourned at 11:13 PM Central Time/12:13 PM Eastern Time.

Joel I.  
Region 5  
Secretary

Minutes Approval Committee: Keri E. representing Illinois - Central Illinois Intergroup and Pam P. representing Ohio - Cleveland Central Intergroup.

Date Minutes were approved: 2021-07-26