



OVEREATERS ANONYMOUS

REGION 5 SECRETARY

June 30, 2020

Updated: July 9, 2020

**RE: Region 5 2020 Summer Conference**

**Saturday July 11th, 2020 8:00 AM Central Time, 9:00 AM Eastern Time**

Dear Region 5 Intergroups, Representatives, Officers, and Trustee,

We are less than two weeks away from our Region 5 2020 Summer Conference. The conference will be held online using Zoom Cloud Conferencing on July 11<sup>th</sup>, beginning at 8:00 AM Central Time, 9:00 AM Eastern Time, and is **open to all Region 5 OA members**. The call is scheduled to last for 4 and half hours.

Instructions on how to connect have been provided in document A03.

This year we are doing a few things different.

- Everybody has to register using the Zoom registration in order to receive the actual instructions on how to connect. The session will be encrypted and locked down to prevent interference and disruption.
- We have moved the event into the morning.
- Shortened the first general session.
- Added breakout rooms for the sub-committee meetings for the Outreach committee of the Whole.

This letter is part of the 2020 Summer Conference Packet. This is the only packet that will be provided for this event. It contains reports for the upcoming Zoom session. Some documents such as the Financial reports will be added to this packet late. I will be sending out an email letting you when the additional reports are available. There will be one more packet released after the Conference containing the minutes and other supporting documents at the time.

**Region 5 Summer Conference Call Reports**

- A01\_Secretary Letter 2020-07.pdf
  - 4 pages - Updated
  - This is the document you are currently reading. This letter will serve as the Region 5 Secretaries report.
- A02\_Agenda.Summer Conference 2020-07.pdf
  - 3 pages - New

- A03\_Zoom Connection Information.pdf
  - 2 pages - New
- A04\_Region 5 2020 Spring Assembly Minutes v3.pdf
  - 10 pages
- A05\_R5 Chair Summer Conference 2020\_07.pdf
  - 1 page - New
- A06\_R5 Vice-Chair Summer Conference 2020-07.pdf
  - 1 page - New
- A07\_R5 Trustee Report Summer Conference 2020-07.pdf
  - 2 pages - New
- A08\_R5\_Bylaws Committee Summer Conference 2020-07.pdf
  - 1 page - New
- A10\_R5 Convention Committee Summer Conference 2020-07.pdf
  - 2 pages - New
- A11\_R5 Media Committee Summer Conference 2020\_07.pdf
  - 2 pages = New
- A12\_R5 Nominating Committee Summer Conference 2020-07.pdf
  - 1 page - New
- A13\_R5 Each One Reach One Sub-Committee Summer Conference 2020\_07.pdf
  - 1 page - New
- A14\_Day in the Life of R5 Chair.pdf
  - 4 pages
- A15\_Treasurer Summer Assembly Report.pdf
  - 1 page
- A16\_2020 Budget to Actual Jan - June.pdf
  - 2 pages
- A17\_2020 Contributions January - June.pdf
  - 6 pages
- A18\_2020 Profit and Loss January - June.pdf
  - 3 pages
- A19\_Balance Sheet as of June 30 2020.pdf
  - 1 page
- A20\_Treasurer's A Day in the Life.pdf
  - 2 pages

## Other Important Documents

Previously I've been including all our standard documents that you would need to read in each of the packets for each of our events. This seems so redundant to me as they are posted elsewhere on our website. I've been trying to cut down on all the copies of the different documents to be more efficient and use less space. Here is a list of other documents you might need for the event

- Region 5 Business Documents

You can find all of the most current Region 5 documents that govern how we do business on the Region 5 website on the Region 5 Forms / Resources page: <http://region5oa.org/forms-resources/>

  - Region 5 Bylaws
    - 8 pages, November 2017
    - <http://region5oa.org/wp-content/uploads/2019/07/C05.Bylaws.11.2017.pdf>
  - Region 5 Policies and Procedures
    - 19 pages, March 2020
    - <http://region5oa.org/wp-content/uploads/2020/04/Region-5-Policies-and-Procedures-2020-03.pdf>
  - Region 5 Convention Guidelines
    - 8 pages, November 2016
    - <https://www.region5oa.org/wp-content/uploads/2016/11/C0-Convention-Guide-11-2016.pdf>
  - Region 5 Standing Rules
    - 2 pages, November 2017
    - <http://region5oa.org/wp-content/uploads/2019/07/C07.StandRules.11.2017.pdf>
  - Region 5 Assembly Information
    - 19 pages, January 2019
    - <http://region5oa.org/wp-content/uploads/2019/10/Region-5-AssemblyInfo-2019-01.pdf>
    - All the answers you would ever need to your questions about the Assembly and Summer Conference session that you would ever care to ask.
- Suggested Committee Agenda and Report Format
  - 3 pages
  - We will be having business meeting during the Summer Conference session. Committees might want to use these forms
  - <https://region5oa.org/media/forms/CommitteeAgenda.Minutes.ReportForm.docx>
- Application Forms
  - Application for R5 Officer
    - We will be having an election for Region 5 Chair and Region 5 Treasurer at the upcoming 2020 Fall Assembly in November. If you are interested in serving in one of these two service positions, please submit an application to the Region 5 Secretary as soon as you can.

- This is to be received by September 1st, 2019 for the applicant to be considered a candidate in the 2020 Fall Assembly elections. On even numbered years, elections are held for chair and treasurer. On odd numbered years, elections are held for vice chair and secretary.
- Please talk to the current Region 5 Chair and Treasurer to find out more about what they do. Also read the a “A day in the life” documents provided in this packet.
- Application for R5 Delegate
  - This is to be received by September 30th, 2019 for the applicant to be considered to represent Region 5 at the World Service Business Conference in 2021.

**What is not included in this packet**

- The Treasurer and Finance committee are busy preparing all of the document that need to be shared with you. These will be added to the packet as soon as I receive them.
- The Intergroup to Intergroup sub-committee has not submitted a report. If they do, I will add them to the packet as soon as I can.

I look forward to hearing your voices on July 11<sup>th</sup>.

Thank you for your service.

Yours in recovery,

Joel I.

Region 5 Secretary

614-381-7824

R5Secretary@outlook.com