

**Fall Workshop** Planning for Serenity

WY SERENITY IS THE MEASURE OF MY RECOVERY - AV OA WSICH NY SERENITY IS THE MEASURE OF MY RECOVERY - AV OA WSICH VIRTUAL CONFERENCE ONLINE via ZOOM To Register visit: www.a2oa.org II or Tap blue circle of online .pdf or Call Pauline at 419-265-2536 Saturday November 18 2023

Noon to **3 p.m**. EST

## Workshop Includes:

- The main speaker addresses what planning for Serenity means and how doing it supports recovery every day.
- Confidential, friendly breakout groups explore recovery essentials and how to implement them in your daily life.
- A surprise gift will be given to all attendees!
- For more information email <u>chair@a2oa.org</u>

*This workshop is free to anyone who wants to stop eating compulsively, brought to you by the Greater Ann Arbor Area OA Intergroup.* 

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