

OVEREATERS ANONYMOUS

REGION 5 SECRETARY

July 11, 2024

RE: Region 5 2024 Summer Online Conference Saturday July 20th, 2024 – 8:00 AM Central Time, 9:00 AM Eastern Time

Dear Region, 5 Intergroups, Representatives, Officers, and Trustee Liaison.

The conference will be held online using Zoom Cloud Conferencing on July 20th, beginning at 8:00 AM Central Time, 9:00 AM Eastern Time, and is **open to all Region 5 OA members.** The Zoom room will open at 7:30 AM Central Time, 8:30AM Eastern Time.

Instructions on how to connect will be emailed to you a few days before the Assembly. If you have not received the connection information by July 19th, please email me. Please check your junk/spam folder also before emailing me.

This letter is part of the 2024 Summer Online Conference Packet A. This is the only Packet that will be provided for this event. It contains Reports for the upcoming Zoom sessions. We strongly suggest reviewing the materials before the Conference. There will be one more Packet released after the Conference containing the Meeting Minutes and other supporting documents.

Region 5 Summer Conference Documents:

- A01_Region 5 2024 Summer Conference Secretary Letter
- A02 Region 5 2024 Summer Conference Agenda
- A03_Region 5 2024 Spring Assembly Minutes
- A04_Region 5 2024 Summer Conference Credentials
- A05_Region 5 2024 Summer Conference Chair Report
- A06_Region 5 2024 Summer Conference Vice Chair Report
- A07_Region 5 2024 Summer Conference Treasurer Report
- A08_Region 5 2024 Summer Conference Trustee Liaison Report
- A09_Region 5 2024 Summer Conference Media Committee Report
- A10_Region 5 2024 Summer Conference Convention Committee Report
 A11_Region 5 2024 Summer Conference 2024 Nominating Committee Report
- A12_Region 5 2024 Summer Conference BudgetvsActuals Budget_total
- A13 Region 5 2024 Summer Conference Contributions by meeting and program 2024 to July
- A14_Region 5 2024 Summer Conference 2024 Sponsorship-Speakers Subcommittee Report
- A15 Region 5 2024 Summer Conference 2024 Everything Intergroup Subcommittee Report
- A16_Region 5 2024 Summer Conference New Letter to Intergroups
- A17 Region 5 2024 Summer Conference 2024 WSBC Delegate Report SusanM
- A18_Region 5 2024 Summer Conference 2024 WSBC Delegate Report_Linda P

- A19 Region 5 2024 Summer Conference 2024 Application for Region 5 Officer
- A20 _Region 5 2024 Summer Conference 2024 Delegate App For 2024
- A21_Region 5 Policies and Procedures_UPDATED 11_23
- A22_Region 5 Bylaws_UPDATED 03_23_24
- A23_Region 5 2024 Summer Conference 2024 Funding Assistance Form updated 2022
- A24_Region 5Standing Rules for Virtual Assembly UPDATED 11_21
- A25_Region 5 Assembly Handbook UPDTED 3_24
- A26_Region 5 Updated Convention Guidelines_2022
- A27_Region 5 2024 Summer Conference Updated Contribution Form
- A28_Region 5 2024 Summer Conference 2024 Convention Registration Form

Region 5 Officer Elections

At the 2024 Fall Assembly, we will be holding an election for the Region 5 Chair and Treasurer. There is an Officer Application form in Packet A, PLEASE APPLY! If you want to run for these service positions, please fill out the application and send it to me, no later than **August 29**th, **2024**. Please do not forget to sign the document before sending it to me. If you scan the document, you can also send me the application by email. However, it is not actually received until I have the signed paper copy of the Application.

Thank you.

Keri E.
Region 5 Secretary
R5Secretary@outlook.com