

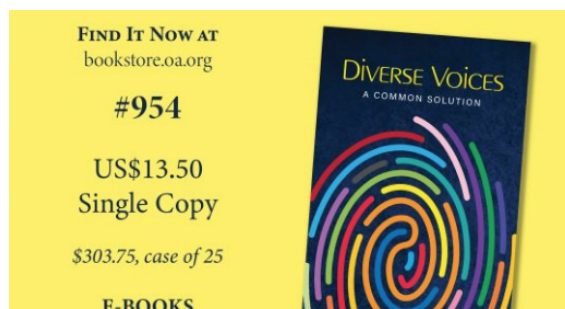


**July 2024
Region 5 Trustee Liaison Report**

Find A Meeting – update your meetings!

This is very important to do. We need to make sure it is updated for our newcomers. Also – double check your phone numbers and contacts. Not only did we find one meeting where the contact is deceased, but also there have been some changes in some meetings that were not from the actual meeting. Updating is so important.
<https://oa.org/find-a-meeting/?type=0>

Traditions and Concepts of Service Workshops: All board members will gratefully help you in any Traditions or Concepts of Service Workshops. Please let us know and we will assist you in any way that you need.



New Book from World Service Business Conference!

Go to bookstore.oa.org or your favorite E-bookstore!

Online now! Service Body Bylaws Checklist. <https://oa.org/news/new-service-body-bylaws-checklist/?news-category=0&page=0>

New Service Body Resource that shows OA's Diverse Meeting. Click and it will take you to Special Focus Groups: <https://oa.org/news/new-service-body-resource-showcasing-diverse-meetings-in-oa/?news-category=0&page=0>

Translation Service available soon on oa.org: <https://oa.org/news/new-oa-org-translation-feature-launching-soon/?news-category=0&page=0>

We also have a **need for volunteers to help this translation service:**
<https://oa.org/news/new-oa-org-translation-feature-launching-soon/?news-category=0&page=0>

Are you going to your doctor for your annual check-up? Download this and take it to your health care professional to give them more information on Overeaters Anonymous: <https://oa.org/news/professional-community-courier-updated-to-issue-iii/?news-category=0>

LIFELINE! Read the current blog at oa.org. Also – send in your story as well. There are videos, recovery stories, and lots more on OA’s blog. <https://lifeline.oa.org/>

Event Calendar In addition to sending your workshops to region5oa.org you can also put them on the oa.org calendar. Oa.org has an event calendar where you can submit all of your Service Body Workshops as well as see what is going on around the world! <https://oa.org/event-calendar/>

OA has added a new statement to the WELCOME section of certain suggested meeting formats: “Welcome to Overeaters Anonymous; we are a growing, evolving Fellowship with in-person and virtual meetings around the world. In OA, there are opportunities for recovery and to give service at local and virtual group, intergroup/service board, region, and world service levels. We strive to provide literature and support in every language, worldwide, to meet still-suffering compulsive eaters wherever they are.”

<https://oa.org/news/new-welcome-text-added-to-suggested-meeting-formats/?news-category=0&page=0>

Our new Public Information videos are AWESOME! Put them on your Facebook pages – use in your Public Information Meetings!

<https://oa.org/news/oa-releases-new-public-information-video-and-web-page/?news-category=0>

New literature/catalog order for online a oa.org:

<https://oa.org/news/2024-literature-catalog-and-order-form-now-available/?news-category=0&page=0>

University outreach: Is there a university close to you who supports 12 step programs? Check it out!

<https://oa.org/news/new-reach-out-to-university-staff-who-support-student-well-being/?news-category=0&page=0>

Yours in recovery,

Barb K.

Region 5 Trustee Liaison