

Dear Region 5 Intergroups,

The Intergroup list page of the Region 5 website is designed as a source of information about all our intergroups—a place for our intergroups to post the following information and documents:

- Intergroup name and number
- Nickname
- Service Area
- Website
- Phone (Text/Voicemail)
- Phone (Meeting Info)
- Intergroup Meeting Schedule
- Newsletter
- Intergroup Minutes

The Intergroup List can be found under the Intergroup drop-down menu at region5oa.org, at the top of the page. From there, click on the desired state and scroll through to find the intergroup of interest.

To update your intergroup information, click on the “Submit Intergroup information” link.

You will be asked to fill in your first name and last name, email address, and comment or message, and files can be uploaded. The comment/message may be something like “Please make the following update to the (give intergroup name and state) listing: (list the field and the value that needs to be updated)” or “Please post the attached (meeting schedule/newletter/minutes) for the (intergroup name and state)”.

This is a resource for your intergroup and all of Region 5.

Please make sure your information is up to date.

Thank you for your service!

Region 5 Everything Intergroup Subcommittee