



OVEREATERS ANONYMOUS
2024 FALL ASSEMBLY
November 1st, 2nd, and 3rd, 2024
Hilton Garden Inn
Chesterton, IN

NOTE: Located in CENTRAL time zone.

Responsibility Pledge

Always to extend the hand and heart of OA
to all who share my compulsion;
for this I am responsible.

OA Promise

I put my hand in yours, and together we can do
what we could never do alone.

No longer is there a sense of hopelessness,
no longer must we each depend upon our own
unsteady willpower.

We are all together now, reaching out our hands
for power and strength greater than ours,
and as we join hands, we find love and understanding
beyond our wildest dreams.

Third Step Prayer

God, I offer myself to Thee - to build with me and to do with me as Thou wilt. Relieve me of the bondage of self, that I may better do Thy will. Take away my difficulties, that victory over them may bear witness to those I would help of Thy Power, Thy Love and Thy Way of Life. May I do Thy will always!

7th Step Prayer

My Creator, I am now willing that you should have all of me, good and bad. I pray that you now remove from me every single defect of character which stands in the way of my usefulness to you and my fellows. Grant me strength, as I go out from here, to do your bidding. Amen.

PROPOSED AGENDA

2024 Region 5 Fall Assembly

FRIDAY (November 1, 2024)

All times listed are CENTRAL TIME

3:00 PM CT	Region 5 Board Meeting (Executive Boardroom, Lower Level, open to visitors)
5:15 PM CT	Open OA Meeting (Sand Creek, Lower Level, hosted by South Suburban Intergroup)
6:15 PM CT	Check-in (Outside Sand Creek, Lower Level, hosted by Suburban North Intergroup)
6:25 PM CT	New Representative Orientation (Executive Boardroom, Lower Level, Region 5 Trustee Liaison)
7:00 PM CT	Evening Session (Sand Creek, Lower Level, Intros, Announcements, Region 5 Updates)
8:00 PM CT	Break
8:10 PM CT	Intergroup Sharing Meeting (Sand Creek, Lower Level) Note: This session will be broadcast over Zoom for OA members who register in advance for this opportunity).
9:15 PM CT	State/Province Meetings (Sand Creek and Executive Boardroom, Lower Level, or determined by each state)

SATURDAY (November 2, 2024)

All times listed are CENTRAL TIME

7:00 AM CT	Hotel Kitchen Opens for Breakfast
7:45 AM CT	Check-in (Outside Coffee Creek, First Floor, hosted by Suburban North Intergroup)
8:30 AM CT	MORNING BUSINESS SESSION (Coffee Creek, First Floor) <ul style="list-style-type: none">• Call to Order• Opening Ceremonies (OA Responsibility Pledge, Serenity Prayer, For Today, 12 Steps, 12 Traditions) – <i>Readings assigned by Eileen at the Assembly.</i>• Morning Business<ol style="list-style-type: none">1. Roll Call (Credentials Report in Packet B – PAGE 4)2. Adoption of Credentials Report3. Assembly Standing Rules (Packet A – PAGE 99)4. Agenda (Packet A – PAGE 4)5. Responses to 5 Minute Writing Exercise (from previous Assembly)6. Mini-Countdown (Years of Abstinence)7. Recognitions (New Representatives, Former Region Officers, Former Trustees)8. Appointments (Minutes Approval Committee, Copy Coordinator, Timer) – <i>Appointed by Eileen at the Assembly.</i>9. Executive Committee Reports Q & A [Reports from Chair (Packet B – PAGE 6), Vice-Chair (Packet B – PAGE 9), Secretary Letters (Packets A & B – PAGE 1), Trustee Liaison (Packet B – PAGE 11), and Treasurer (Packet B – PAGE 15)].10. Announcements11. Adjournment
9:15 AM CT	Break
9:30 AM CT	Committee Meetings (Pre-Assembly Committee Reports, as received for their work since Spring Assembly/Summer Conference, provided in Packet B and in the Committee folders (received at check-in). <ol style="list-style-type: none">1. Bylaws Committee (Executive Boardroom, Lower Level)2. Convention Committee (Sand Creek, Lower Level)3. Finance Committee (Front of Coffee Creek, First Floor, by treasurer)4. Media Committee (Back of Coffee Creek, First Floor)
12:00 PM CT	Luncheon (Lobby)
1:00 PM CT	Emergency New Business Committee Meetings (reconvene, if necessary, in same locations)

10/16/24 – Updated KE

1:24 PM CT

1:30 PM CT

Five Minute Writing Exercise (Coffee Creek, First Floor)

AFTERNOON BUSINESS SESSION (Coffee Creek, First Floor)

- **Call to Order**
- **Opening Ceremonies** (Welcome, OA Responsibility Pledge, Serenity Prayer, Concepts of Service 1-7, Concepts of Service 8-12, and More Responses to 5 Minute Writing Exercise)
– *Readings assigned by Eileen at the Assembly.*
- **Afternoon Business**
 1. Roll Call (Credentials Report in **Packet B – PAGE 4**)
 2. Adoption of Credentials Report
 3. Minutes Approval of the Spring Assembly and Summer Conference [**Packet A – PAGE 11 (Spring) and PAGE 17 (summer)**]
 4. 7th Tradition Collection
 5. Parliamentary Moment (**Packet B – PAGE 52**)
 6. Executive Board and Trustee Liaison Candidate presentations and Q&A (3 minutes to talk, 5 minutes for questions).
 - a. Pam P. Chair Application (**Packet A – PAGE 135**)
 - b. Preston F. Trustee Application (**Packet A – PAGE 138**)
 - c. Juliette R. Trustee Application (**Packet A – PAGE 143**)
 7. Executive Board Treasurer Floor Nomination (we did not receive an application for this position by the deadline before the Assembly)

2:30 PM CT

Outreach Committee of the Whole Sub-committee Meetings

1. Everything Intergroup Sub-Committee (Executive Boardroom, Lower Level)
2. Sponsorship – Speakers Sub-Committee (Sand Creek, Lower Level)
3. Communications Connectivity (Coffee Creek, First Floor)

4:00 PM CT

Afternoon Session Continued (Coffee Creek, First Floor)

1. Region 5 Convention bids (If any)
2. Announcements
3. Adjournment

4:30 PM CT

Special Committee Meetings

- Bylaws Committee (consider Emergency New Business, if necessary)

5:00 PM CT

Dinner on Your Own

8:00 PM CT

Open OA Meeting (Sand Creek, Lower Level, hosted by South Suburban Intergroup)

SUNDAY (November 3, 2024)

All times listed are CENTRAL TIME

7:00 AM CT

Hotel Kitchen Opens for Breakfast

8:30 AM CT

MORNING BUSINESS SESSION (Coffee Creek on First Floor)

- **Call to Order**
- **Opening Ceremonies** (Welcome, Serenity Prayer, For Today, The OA Unity with Diversity Policy Statement) – *Readings assigned by Eileen at the Assembly.*
- **Morning Business**
 1. Opening Ceremonies
 2. Roll Call and Adoption of Credentials Report (Credentials Report in **Packet B – PAGE 4**)
 3. Business Committee Reports (Please be ready to report at the front microphone). **Please return committee folders with paper copies of your team roster and your committee report to Region 5 Secretary Keri E., before you leave the Morning Session.**
 - a. Bylaws Committee (Chair – Barbara H.)
 - b. 2024 Convention Committee (Chair - Marilyn D.)
 - c. 2025 Convention Committee (Chair - Judy W.)

- d. Finance Committee (Chair - Linda P. - Pre-Assembly documents in **Packet B – PAGES 17-31**)
- e. Media Committee (Chair - Yvonne C.)
- 4. Growing Recovery Outreach Committee of the Whole (Please be ready to report at the front microphone). *Please return committee folders with paper copies of your team roster and your committee report to Region 5 Secretary Keri E., before you leave the Morning Session.*
 - a. Everything Intergroup Sub-Committee (Co-Chairs - Pam P./Lynn H.)
 - b. Sponsorship – Speakers Sub-Committee (Chair - Beverly B.)
 - c. Communications Connectivity (Chair - Ed L.)
- 5. New Business (Amendments and Motions in **Packet A – PAGE 21 and 22**)
 - a. Executive Board Treasurer Floor Nomination presentation and Q&A (3 minutes to talk, 5 minutes for questions)
 - b. Emergency New Business (if needed)
- 6. Election for Officers and Trustee Liaison
- 7. Approval of the 2025 Budget
- 8. Unfinished Business (If any)
- 9. Recognition of Outgoing Representatives
- 10. Green Dot Ceremony
- 11. Announcements
- 12. Chair’s Drawing
- 13. Adjournment and OA Promise

10:30 AM CT

Good of the Order [Coffee Creek on First Floor in Front of the Room for Region 5 Officers, Trustee, Committee Chairs (current, outgoing, and incoming, all others are asked to leave the room)].

11:00 AM CT

Hotel Checkout

REGION 5 TIMELINE

2025

March 14-16	Region 5 Spring Assembly, Hilton Garden Inn, Chesterton, IN (hotel contract still in negotiations)
May 23, 24, and 25	Region 5 Convention, Milwaukee, WI
July 19	Region 5 Summer Online Conference – Zoom
TBD	Region 5 Fall Assembly (location TBD)