



Region 5 2024 Spring Assembly

Location: Edinburgh, IN

Saturday, March 9th, 2024 – Morning Session

- 1) The 2024 Spring Assembly Saturday Morning Session was called to order by the Region 5 Chair – Eileen C. at 8:31 AM ET, 7:31 AM CT. Opened with:
 - a) The OA Responsibility Pledge, a moment of silence for those who are still suffering, and the Serenity Prayer.
 - b) For Today was read by Laura M.
 - c) The 12 Steps were read by Kathy C.
 - d) 12 Traditions were read by Wanda C.
 - e) Welcomed everyone, especially the visitors.
- 2) Credentials Report:
 - a) The Credential Report Roll Call was conducted by the Region 5 Vice-Chair – Kevin F.
 - b) Counts were:

Voting Reps Present:	18
Voting Officers Present:	4
Eligible Voters Present:	22
Non-voting Alternates, Guests	5
Parliamentarian	1
Region Trustee Liaison	1
Total Attendance	29
 - c) The full Credentials Report can be found in Packet C: “C03_Region 5 2024 Spring Assembly Credentials Report”.
 - d) The Region 5 Chair declared a quorum to be present.
 - e) There was no objection to the Credentials Report as presented. The Credentials Report was approved.
- 3) Standing Rules:
 - a) The Standing Rules, distributed in Packet A, were read by Bylaws Committee member Carolyn C.
 - b) Hearing no objections, the Standing Rules were adopted.
- 4) Agenda:
 - a) Hearing no objections, the Assembly Agenda was adopted.
 - b) The adopted Agenda will be in Packet C as file “C04_Region 5 2024 Spring Assembly Adopted Agenda”.
- 5) Consent Agenda:
 - a) No Consent Agenda (CA) for the Spring Assembly.
- 6) Eileen C. shared 2023 Fall Assembly Five Minute Writing Exercise responses.
- 7) Countdown for years of Abstinence was conducted.
- 8) Introduction of Assembly Newcomer Reps (Green Dots) was conducted.
- 9) Former Region 5 Officers and Trustees were introduced.
- 10) Volunteer Services:
 - a) Minutes Approval Committee – Yvonne C.
 - b) Nominating Committee – Lynn H. (WI), Barbara H. (KY), Cecilia S. (MI), Ed L. (IN), Laura M. (OH), Carolyn S. (IL). Kevin F. is the Committee Liaison.
 - c) Copy Coordinator – Susan M.
 - d) Timer – Marilyn D.

11) Executive Committee Reports and Letter with Q/A:

- a) Region 5 Chair
 - i) Q and A discussion.
 - ii) No additional questions.
- b) Region 5 Vice-Chair
 - i) Nothing additional to report and no questions.
- c) Region 5 Secretary
 - i) Nothing additional to report and no questions.
- d) Region 5 Trustee
 - i) Barb K. shared some items from her Report.
 - ii) Q and A discussion.
 - iii) No additional questions.
- e) Region 5 Treasurer
 - i) Nothing additional to report and no questions.

12) Announcements were made.

13) The 2024 Spring Morning Assembly was adjourned at 9:28 AM ET, 8:28 AM CT for Business Committee Meetings and then lunch, with a prayer.

14) Business Committee Meetings met in their established locations.

- a) Bylaws Committee
- b) Convention Committee
- c) Finance Committee
- d) Media Committee

15) Luncheon at 12:00 PM ET, 11:00 AM CT.

Saturday, March 9th, 2024 – Afternoon Session

1) The 2024 Spring Assembly Saturday Afternoon Session was called to order by the Chair – Eileen C. at 1:32 PM ET, 12:32 PM CT. Opened with:

- a) The OA Responsibility Pledge followed by the Serenity Prayer.
- b) OA Concepts 1-7 were read by Cecilia S.
- c) OA Concepts 8-12 were read by Beverly B.

2) Eileen C. shared 2023 Fall Assembly Five Minute Writing Exercise responses.

3) Credentials Report:

- a) The Credential Report Update Roll Call was conducted by the Region 5 Vice-Chair – Kevin F.
- b) Counts were:

Voting Reps Present:	18
Voting Officers Present:	4
Eligible Voters Present:	22
Non-voting Alternates, Guests	6
Parliamentarian	1
Region Trustee	1
Total Attendance	30

- c) The full Credentials Report can be found in Packet C: “C03_Region 5 2023 Spring Assembly Credentials Report”.
- d) There was no objection to the Credentials Report as presented. The Credentials Report was approved.

4) Minutes Approval for the 2023 Fall Assembly.

- a) No corrections were proposed.

- b) As there were no objections to the 2023 Fall Assembly Minutes as presented, the Minutes were approved by the Assembly.
- 5) 7th Tradition for the Assembly was collected.
- 6) Parliamentarian Moment was presented by Gerri M.
- 7) Outreach Committee Goals brainstorming, discussion, and debate for the new Sub-committees for 2024.
 - a) Meeting lead by Barb K. and Kevin F.
 - b) Approved the final tasks to support the primary goals for R5 with a vote.
 - c) Divided into three Sub-committees, listed below.
- 8) Outreach Committee of the Whole Sub-committee Meetings.
 - a) Outreach Sub-Committee Groups for 2024
 - i) Everything Intergroup Sub-committee
 - ii) Sponsorship, Workshops, Speakers, and Renewal Sub-committee
 - iii) Communications Connectivity Sub-committee
- 9) No new Region 5 Convention Bids were announced.
- 10) Announcements were made.
- 11) The 2024 Spring Saturday Afternoon Assembly was adjourned at 4:08 PM ET, 3:08 PM CT with The OA Promise.

Sunday, March 10th, 2024 – Morning Session

- 1) The 2024 Spring Assembly Sunday Morning Session was called to order by the Region 5 Chair – Eileen C. at 8:31 AM ET, 7:31 AM CT. Opened with:
 - a) The OA Responsibility Pledge and the Serenity Prayer.
 - b) For Today was read by Preston F.
 - c) The OA Diversity Statement was read by Sheryl G.
- 2) Volunteer Services:
 - a) Timer – Leanne
- 3) Credentials Report
 - a) The Credentials Report Update Roll Call was conducted by substitute roll caller Pam P.
 - b) Counts were:

Voting Reps Present:	16
Voting Officers Present:	3
Eligible Voters Present:	19
Non-voting Alternates, Guests	5
Parliamentarian	1
Region Trustee Liaison	1
Total Attendance	26
 - c) The full Credentials Report can be found in Packet C: “C03_Region 5 2024 Spring Assembly Credentials Report”.
 - d) There was no objection to the Credentials Report as presented. The Credentials Report was approved.
- 4) Business Committee Reports:
 - a) Convention Committee 2024
 - i) Report was presented by the Convention Committee Chair – Marilyn D.
 - ii) No questions.
 - b) Bylaws Committee
 - i) Report presented by the acting Bylaws Committee Secretary – Allen B.
 - ii) No questions

- c) Finance Committee
 - i) Report presented by the acting Finance Committee Secretary – Cecelia S.
 - ii) No questions
 - d) Media Committee
 - i) Report presented by the Media Committee Chair – Yvonne C.
 - ii) Q and A
 - iii) No additional questions.
 - e) Nominating Committee
 - i) Report presented by Nominating Committee Chair – Ed L.
 - ii) No questions
- 5) Committee of the Whole Reports:
- a) Everything Intergroup Sub-committee
 - i) Report presented by Sub-committee Co-Chair Pam P.
 - ii) Q and A discussion.
 - iii) No additional questions.
 - b) Sponsorship, Workshops, Speakers, and Renewal Sub-committee
 - i) Report presented by Sub-committee Chair Beverly B.
 - ii) No questions.
 - c) Communications Connectivity Sub-committee
 - i) Report presented by Sub-committee Chair Ed L.
 - ii) No questions.
- 6) New Business:
- a) **Emergency Bylaws Amendment ENB1.**

MOVE TO AMEND: Article VII Region 5 Trustee Liaison

PROPOSED WORDING: *Update section as follows.*

A. Trustee[s]/Trustee Liaison[s] Nominee Region 5

1. Applications for nomination for Trustee/Trustee Liaison must be filed with the Chair forty-five (45) days prior to the Fall Assembly.
2. If fewer than three (3) applicants have filed their applications, nominations from the floor shall be accepted during the Assembly.
3. All qualified applicants shall have their names placed on the ballot. (See Overeaters Anonymous, Inc. Bylaws, Subpart B, Article VII, Section 4 – Qualifications.)
4. Each voting Region Representative may vote for up to three (3) applicants.
5. Each applicant must receive a majority vote of the Representatives present at the time of the election.
6. When voting for a candidate, mark the ballot with an “X” next to the candidate’s name.
7. In the event that there are no applicants for Trustee/Trustee Liaison at an assembly where applications are needed, or if a vacancy occurs where there is no Region Assembly prior to the date required for submission of applications, the following options may be taken:
 - a. The Region 5 Nominating Committee will solicit applications from Region 5 Intergroups or any other Region.
 - b. All requirements set by the World Service Office must be met prior to the Region 5 Nominating Committee considering completed application(s).
 - c. A majority vote of the Region 5 Board will constitute affirmation of the applicant(s).
 - d. Notification of affirmation process results shall be sent to Region 5 Intergroups via email within 10 days.
 - e. Affirmed applications must be forwarded to WSO prior to the designated deadline.

- i) The proposed Emergency Bylaws Amendment ENB1 was reviewed by the Bylaws Committee and approved to move forward and read by R5 Chair Eileen C.
 - ii) The proposed Emergency Bylaws Amendment ENB1 was presented as pro by the creator, Barb K.
 - iii) The proposed Emergency Bylaws Amendment ENB1 debate of pros and cons started.
 - (1) Con presented that the Amendment specify marking ballots with an "X".
 - (2) Moved to Table ENB1 discussion for the creation of a new Amendment to the ENB1 Amendment.
 - (a) Cecelia S., maker of the Amendment to the Amendment, read the new proposed wording.
 - (b) The proposed Amendment to the Amendment was debated pros and cons.
 - (c) The proposed Amendment to the Amendment was allowed five to seven minutes for discussion.
 - (d) The proposed Amendment to the Amendment was brought to a vote.
 - (e) The proposed Amendment to the Amendment was not adopted by the Assembly.
 - iv) The proposed Emergency Bylaws Amendment ENB1 was brought back to debate pros and cons, without changes.
 - v) The proposed Emergency Bylaws Amendment ENB1 was allowed five to seven minutes for discussion.
 - vi) The proposed Emergency Bylaws Amendment ENB1 brought to a vote.
 - vii) The Policy Emergency Policy Motion ENB1 was adopted by the Assembly - 19 yes/0 no/0 abstain.
7. Unfinished Business.
 - a) No unfinished business.
 8. Recognized outgoing Representatives.
 9. New Representative Graduation (Green Dot) Ceremony was conducted.
 10. Announcements were made.
 11. Chair's Drawing was conducted.
 12. The 2024 Spring Assembly was adjourned at 9:48 AM ET, 8:48 AM CT.

Thank you.

Keri J. Evans

Region 5 Secretary

Approved on 3/23/24 by the Minutes Approval Committee (Keri E. and Yvonne C.)