

THE INTERACTIVE WORLD OF SPONSORSHIP

*Join us for an Overeaters Anonymous workshop
for everyone who wants to stop eating compulsively!*

October 6, 2024

2:00 – 4:00 PM EST

(No Breakout Rooms)

Link to ZOOM: 860 512 7192 PW: 883975

Brought to you by the 2024 Region 5 Sponsorship Subcommittee



“How do I know which sponsor is right for me?”

“How do I help someone who has been in OA for years but has relapsed?”

“Why do I even need a sponsor?”

“How do I know if I am ready to sponsor someone else?”

**OVEREATERS
ANONYMOUS**

**RESPONSIBILITY
PLEDGE**

“Always to extend the hand and heart of OA to all who share my compulsion; for this I am responsible.”

“I need a sponsor but do not know how to find or ask for one.”

“How do I work with a newcomer?”

**This workshop script will be available for the use of all Region 5 Intergroups and Meetings at the November 2025 R5 Assembly*
Contacts: Beverly B. 440-759-1728 or Allen B. 201-280-6609*