



SPONSORSHIP SUCCESS ONLINE WORKSHOP

LEADER SCRIPT

(Please note, each Speaker should introduce the next as is printed in this script. Also, after your presentation, please read some/all questions first from the Chat then open for sharing.)

INTRODUCTION: “Welcome to Region 5’s Interactive World of Sponsorship Workshop. My name is _____. We have planned a virtual setting where you will hear four experienced members describe their sponsoring experiences.

After each Topic Speaker, you will be able to share your experiences and challenges, hosted by the topic speaker. If you have any questions, please post them in the Chat during each of the speaker’s session. This session is being recorded but will be disabled during open sharing for security. In the interest of time, there will be no breaks in today’s schedule, so get up for what you need as you wish.

Let’s begin with the Serenity Prayer. Please remain muted and if you wish to join me as I lead you slowly. *‘God, grant me the serenity to accept the things I cannot change, courage to change the things I can, and wisdom to know the difference.’*”

TODAY’S SCHEDULE:

3:05-3:20 pm : “**The first speaker is Linda P. Her topic is WHY SHOULD YOU GET A SPONSOR AND HOW CAN YOU GET A SPONSOR.** She will have 10-15 minutes to share and I will give you a two-minute warning. Afterward, we will have 10 minutes of Q&A and open sharing called a SHOUT OUT SESSION. Any questions may be posted in the Chat.

- 3:20-3:30 pm **SHOUT OUT SESSION:** “It’s time to shout out any take-away ideas from today that surprised you, informed you, or made you think. Please raise your hand to be called on.”

3:30-3:45 pm : “**Speaker B is Leigh Ann M. Her topic is WHEN CAN YOU START SPONSORING? WHEN CAN YOU START BEING SPONSORED?.** She will have 10-15 minutes to share and I will give you a two-minute warning. Afterward, we will have 10 minutes of Q&A and open sharing called a SHOUT OUT SESSION. Any questions may be posted in the Chat.

- 3:45-3:55 pm **SHOUT OUT SESSION:** “It’s time to shout out any take-away ideas from today that surprised you, informed you, or made you think. Please raise your hand to be called on.”

3:55-4:10 pm : “**Speaker C is Allen B. His topic is WHAT ARE SOME DIFFERENT SPONSORING STYLES?** He will have 10-15 minutes to share and will be given a two-minute warning. Afterward, we will have 10 minutes of Q&A and open sharing called a SHOUT OUT SESSION. Any questions may be posted in the Chat.

- 4:10-4:20 pm **SHOUT OUT SESSION:** “It’s time to shout out any take-away ideas from today that surprised you, informed you, or made you think. Please raise your hand to be called on.”

4:20-4:35 pm : “**Speaker D is Beverly B. Her topic is HOW DO YOU KNOW WHEN IT IS TIME TO END A SPONSOR/SPONSEE RELATIONSHIP?** She will have 10-15 minutes to share and will be given a two-minute warning. Afterward, we will have 10 minutes of Q&A and open sharing called a SHOUT OUT SESSION. Any questions may be posted in the Chat.

- 4:35-4:45 pm **SHOUT OUT SESSION:** “It’s time to shout out any take-away ideas from today that surprised you, informed you, or made you think. Please raise your hand to be called on.”

For additional workshop materials, see A Sponsor’s Toolbox in the Document Library.

CLOSING: “Thank you for joining us in this virtual workshop experience. We have included a writing activity for you to do independently in order to strengthen your sponsoring experience. Region 5 hopes to support your recoveries with workshops like these in the future. Please consider sending your Seventh Tradition donation via the website Region5OA.org. Also please put any comments about this workshop in the chat.

Please stay muted and let us close with The OA Promise.

SPEAKER TOPICS AND BREAKOUT QUESTIONS

Topic A. Why should you get a sponsor and how can you get a sponsor?

- What is your greatest fear about getting a sponsor?
- Can your sponsor help you create your food plan?
- What if my sponsor asks me to do something I'm not ready to do?
- Can I have a temporary sponsor to get me started?

Topic B. When can you start sponsoring? When can you start being sponsored?

- What are the traits of a good sponsor?
- Do I always need to take sponsees through the Steps?
- Do I need a separate Twelve Step sponsor? Or a separate food and action plan sponsor?
- How many sponsees should I have?

Topic C. What are some different sponsoring styles?

- What approach works best for you: strict or flexible?
- Do sponsors/sponsees need to be in contact daily?
- What techniques does your sponsor use that you find helpful?
- Can I have a long-distance sponsor that I "meet" in a phone and/or online meeting?

Topic D. How do you know when it's time to end a sponsor/sponsee relationship?

- What if my sponsor/sponsee is obviously slipping or in relapse?
- My sponsee doesn't comply with the disciplines we've agreed on. What should I do?
- My sponsor gives me the same responses all the time ("Trust in God," "One day at a time," etc.) What if I want more?
- How can we detach lovingly in order to move on?

ADDITIONAL RESOURCES

- *A Guide for Sponsors* pamphlet
- *Sponsorship Kit*
- *Sponsoring Through the Twelve Steps* pamphlet
- *Temporary Sponsors: Newcomers' First Twelve Days* (downloadable document available in the Document Library at oa.org)
- *The Tools of Recovery* pamphlet Chapter 7 of the Big Book: "Working with Others"
- The Sponsorship Success podcasts on oa.org